

NATURALLY

nude living and recreation

SUMMER 2010

PHOTO - KEN SCHWARTZ

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4 **Lily's Fantastic Summer 1**



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5 **Lily's Fantastic Summer 2**



Lily goes naked at a party and a beautiful beach, and five people enjoy a party of relay races, games, and dancing.
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Two nude beach carnivals, with lots of fun for kids of all ages, and a visit to a great nudist club in Perth.
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Nude beach carnival by day and three girls enjoying a wild party by night.
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Beautiful girls go naked with lots of people around in Australia and the Czech Republic.
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10 **Summer Mornings**



Eight girls and one guy enjoying the naked beauty of warm summer mornings.
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A **NEW!** **Wandering Free 1**



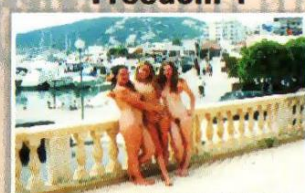
Nude in the Greek Islands, four-girl party, two girls naked in a crowded nightclub.
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B **NEW!** **Wandering Free 2**



Spunky Vicky and friends naked at party and castle dam, girls naked in Hotel of Art and crowded park.
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MY FAMILY'S STORY



Naturism, the fir

by Jeff Lohr

My fascination with naturism started when I was about 10 or 11 years old. We were visiting my aunt and uncle and I was playing around in their garage when I discovered a pile of nudist magazines. Of course, I had to check this out being a curious young boy!

I had seen *Playboy* and I think even *Penthouse* by this time but this was totally different! As I was thumbing through one of the magazines, I was

thinking to myself, "These women aren't posing all sexy, they are just doing normal things and there are pictures of whole families too! This is amazing! Moms, dads and kids swimming, playing games, and just having a great time without wearing any clothes!"

Then I started wondering. Are my aunt and uncle nudists? Do my mom and dad know about this; and if so, why didn't they tell me? Needless to say, the rest of that weekend I spent as much time as





st big step

possible looking through those old nudist magazines. I had dreamed that someday I would be a nudist too. Unfortunately, it wasn't until 20 years later, when I had a family of my own, that I was finally able to find out what the naturist life was really like.

Thank goodness for the Internet! I truly believe that if it weren't for the Internet and the Worldwide Web that my family may have never taken that giant leap into the wonderful world of natur-

ism. It was sometime in the late nineties that they installed Internet in the office where I was working. Luckily I worked later in the evenings than everyone else, and this gave me the opportunity to surf the Web.

I can remember one of the very first things I searched for was "nudists." I couldn't believe my eyes! There were all sorts of Web pages about nudists. So next I searched for "nudists in Maryland." Again, a whole slew of pages to

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Inter naturally

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A large, low-angle photograph of a man with a beard and mustache, shirtless and nude, climbing a large, leafy tree. He is holding onto a thick branch with his right arm and has his left arm extended. The background shows more trees and a clear blue sky.

Naturism, the first big step

MY FAMILY'S STORY

CONTINUED

look through, and to my amazement there were nudist activities happening in our area.

And then there it was, “www.Au-Naturel.com” [no longer published], the web page that changed our lives forever, where I found a non-landed club that held monthly swim parties in the

suburbs of Baltimore. The next event was scheduled for just over a week away. “That’s it! I’m going! But first I’ll have to discuss this with my wife. Hmmm... “How the heck am I going to explain this to her?” I thought.

I’m sure a lot of you know how hard it is to persuade your spouse that you want to attend an event where everyone will be totally nude. It’s not easy, and it can get quite ugly. I believe my wife’s input on the subject went something like this. “You’re a pervert!”

“You’re going there to meet naked women and have sex!” I explained “No, honey, it’s just a place where fellow nudists can go and enjoy life without the confines of clothing. Please believe me, dear, I saw it in a

magazine 20 years ago.” Any-

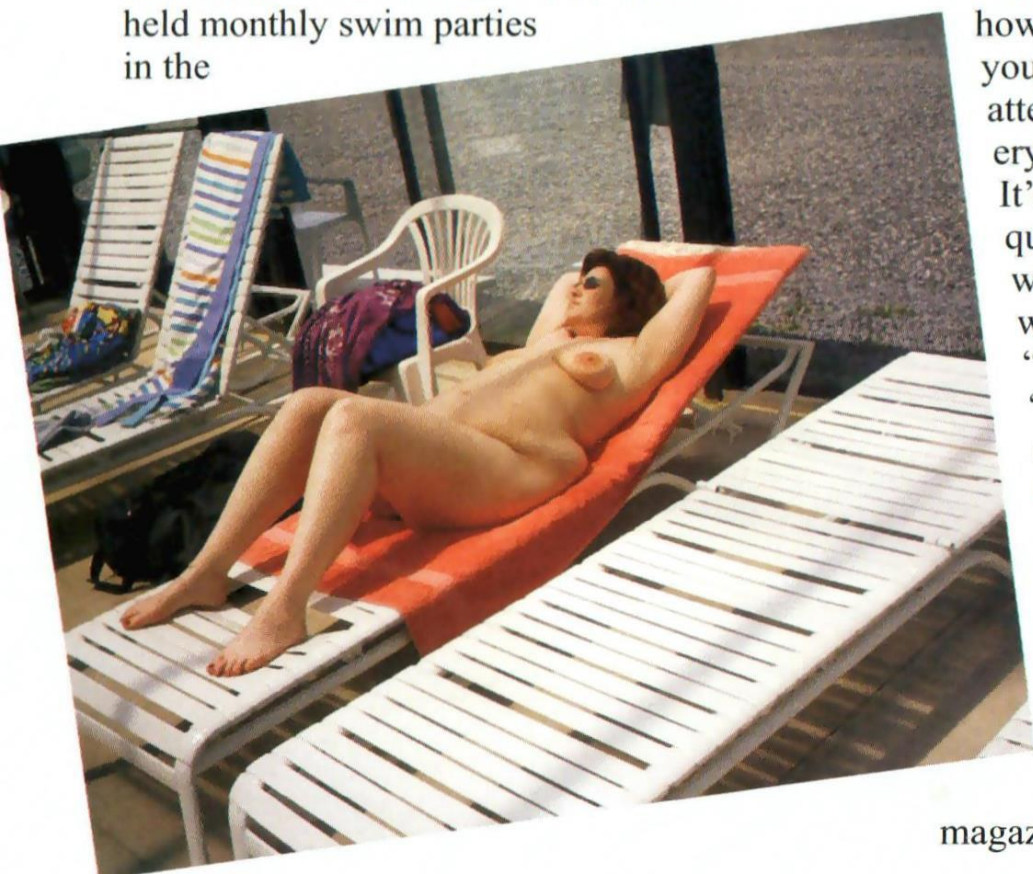


way, after about another half hour of bickering and explaining, she reluctantly agreed that I could go. I filled out my registration form and sent in my attendance fee, and I was set!

The week leading up to the swim party seemed to take forever to go by, but finally the big day arrived.

It was a cold November Saturday evening and there was almost a foot of snow on the ground. I couldn’t help but wonder why nudists would want to come out on a night like this, but I was soon to find out.

I thought I was going to be a little



early, but as I pulled into the swim club parking lot it was practically filled. I found a place to park, grabbed my towel and headed on in. I was greeted at the door by the hostess who checked my name off the list with a big warm smile. She told me to find a seat and then go ahead and help myself to the buffet.

As I was walking into the dining area it looked like all the seats were already taken. A couple noticed me wandering aimlessly and asked if I would like to sit with them. I agreed and I was very glad that I would not have to experience my first nudist event alone. As it turned out, this was their first time too. They asked where my wife was and I explained how skeptical she was about the whole thing. Little did I know that this couple would become two of our best friends that we had ever met in our lives!

We helped ourselves to the buffet and sat back down to eat. I must say I was very nervous and didn't really have much of an appetite. At this point all three of us still had our clothes on. As I



Avalon 2003 by Jody Roy

was nibbling on my food my eyes started wandering and that's when it really sunk in that I was actually attending a nudist event. I could see through the big window into the pool area and everyone was having a blast! It was amazing! It was just like the pictures I had seen in those magazines so many years ago!

Now the three of us were just kind of looking at each other thinking we should join everyone else. We counted "one, two, three, go" and yanked our clothes off without trying to attract

attention. I think everyone could tell we were "newbies" but they all seemed happy to see new faces. We headed into the pool area and quickly jumped in the heated pool. What a great feeling! I was skinny dipping but didn't have to be sneaky about it! I also had my first massage that night, and if I remember correctly it was only \$20! What a deal! I was truly hooked on this way of life and couldn't wait to get home and tell my wife all about it.

I exchanged contact info with my two new friends and told them next month I would try my best to get my wife to come. As I was driving home I kept thinking of all the things I was going to tell her and how excited I was. It was after midnight when I got home but my wife was still awake waiting for me. She seemed a little upset, but I started telling her all about it.

I told her about the new friends I made and how it was their first time too and that I really wanted her to meet them. I told her about the families that



were there and how much fun they were having and how they seemed so happy being nude. I kept going on and on and said that I would really love for our family to be like that too. I explained that we would have such a great time if we went to the next swim party together. Finally she said, "If you just let me go to sleep, then we can all go to the swim next month."

Hallelujah! I had made it over that huge hurdle and convinced my wife that we should become nudists! The month passed slowly, but the big night finally arrived. On our way I could sense a good bit of anxiety and nervousness from my wife. I assured her it would all be fine and she would have a great time.

As we pulled into the parking lot I noticed the couple that I had met the previous month were just arriving also. I introduced my wife to them and this seemed to help relieve some of the anxiety my wife was experiencing as we all headed towards the door.

Once inside, I introduced my wife and kids to the hostess and we went on in to find a place to sit. At this time our kids were 8, 4 and 2 years old. The oldest was the only one who seemed to notice people weren't wearing clothes. She asked, "Why are these people naked?" and I said "because here we don't have to wear bathing suits to get in the pool." She replied, "Dad, can we go swimming now?" Everyone knows young children love running around nude so for my kids becoming nudists was easy. I asked my wife if she would be ok if I took the kids into the pool for a bit. She was having a great conversation with her new friend and she said she would be fine. The kids and I stripped our clothes off and headed straight for the pool.

When the kids and I returned I almost couldn't believe my eyes. There was my wife sitting completely nude with a group of newly made friends and it seemed as if she was having the time of her life! This was one of the most memorable moments in my life and I was in awe as to how beautiful she looked sitting there like that. My dream of being a nudist had actually come true. What a great feeling it was!

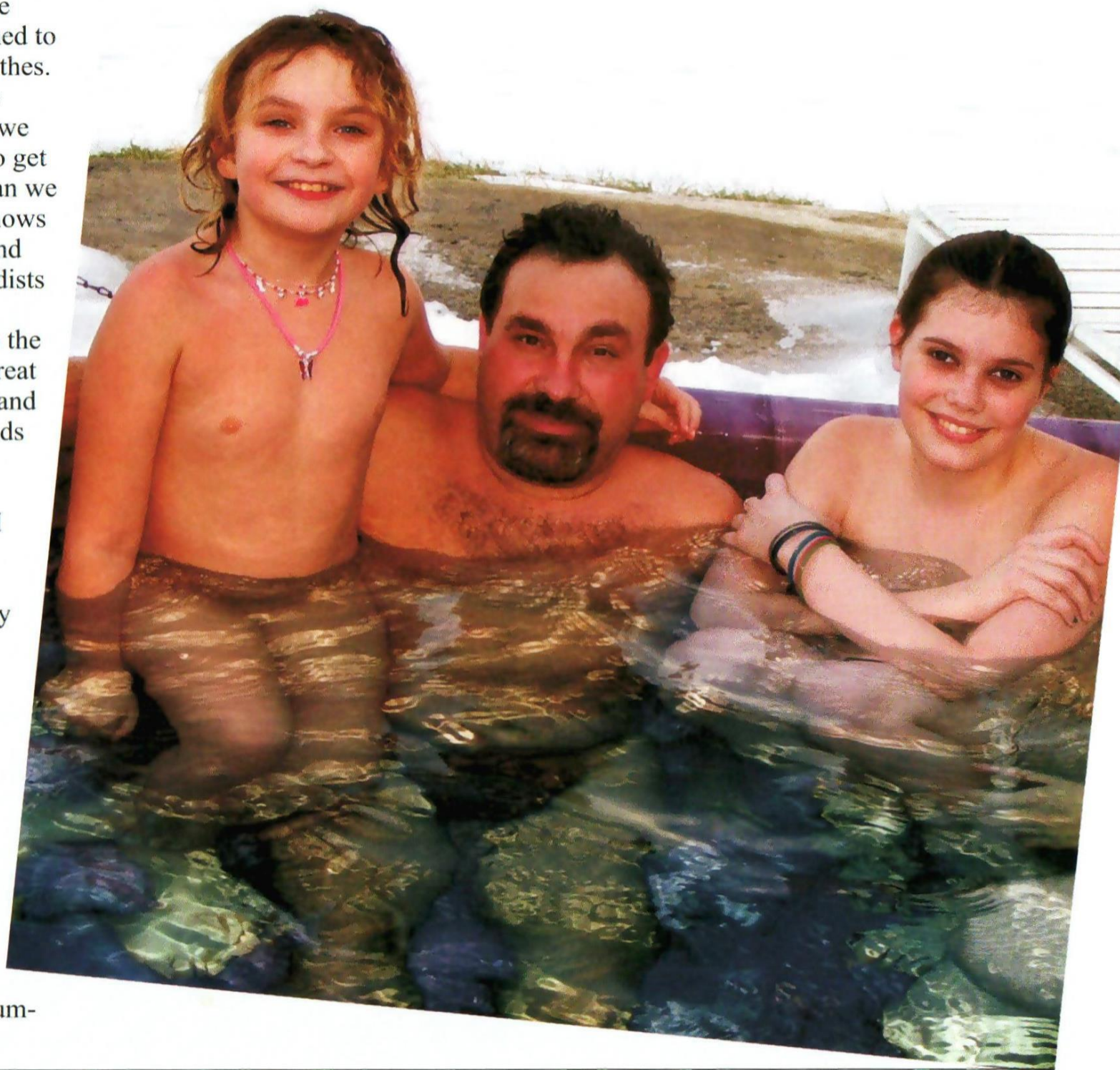
The rest of the story is easy. We continued attending the monthly swim parties for at least 8 or 9 more months. During the summer we often traveled to the nude

beach at Sandy Hook, New Jersey. We visited many of the nudist resorts located all through the eastern states. We became members at Avalon which turned out to be like a second home for us. We continued to make many, many dear friends and we consider them all as family. Our children have made best friends along the way also. I just can't conceive how different our lives would have been if we had never taken that first step and gotten involved with naturism.

I would also like to express how naturism can improve a person's self-esteem and feelings of body acceptance. I'm sure you mothers out there know how having children can knock your body out of whack a bit. Well, my wife is no exception. After having three children she has her fair share of stretch marks and had gained a few extra "baby" pounds as she calls it. Before we were nudists she always felt down about herself and the way she looked. Rarely did we ever go to a

public beach or pool because she didn't really like the way her bathing suit fit. But after we became nudists, her self-esteem went from about 3 to 3000! We realized that other nudists don't care what you look like, it's all about who you are on the inside that counts!

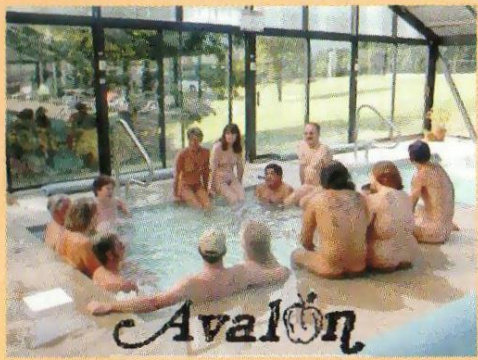
We now live in central Missouri and have been here for about 4 years. There aren't quite as many nudist opportunities here as there were back east but still there are a few nice clubs not too far away. The first club we visited out here is called "Show Me Acres" and that's where we have been members ever since. Missouri is the "Show Me State" so what better name for a nudist resort, right? We have also visited other clubs in Missouri and hopefully soon I will have reports on all of them. Missouri is also known as the "Cave State." I am thinking of recruiting a group of brave souls to go on a naked spelunking excursion. Wouldn't that make an interesting story?! Until then, stay nude and live life naturally! ●



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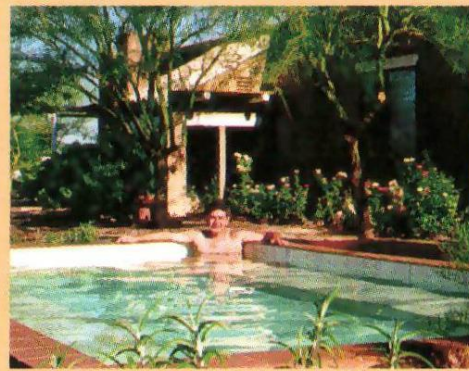


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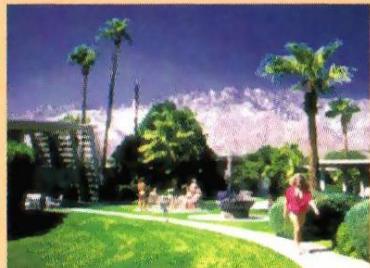
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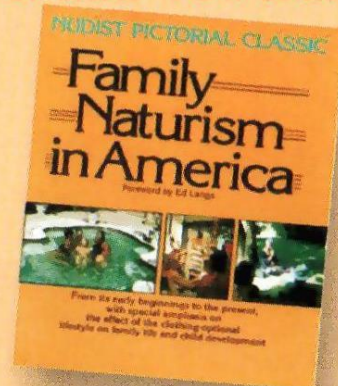
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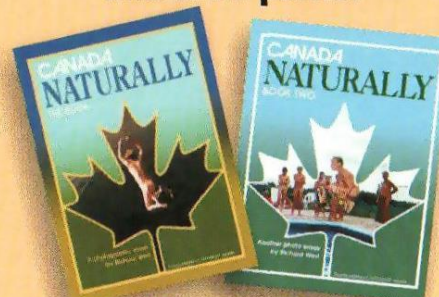


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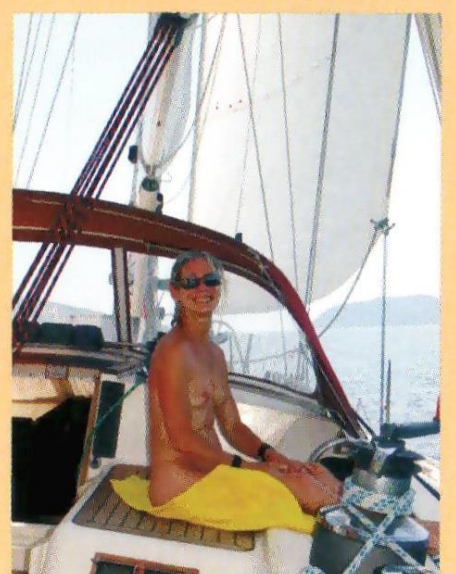
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Naturists get in the swing on Wairau Valley course

by Claire Connell

— The Marlborough Express

CLEAN SWEEP: Wairau Valley Golf Course may never be the same again as about 25 keen naturists hit the green.

You could say naked ambition drove a first time naturist's win at the Wairau Valley Golf Course on Sunday.

Twenty-five people, including some from the United Kingdom and Australia, took part in Nude Golf International at the township's nine-hole course.

Co-organiser Kay Hannam said a male first-time naturist from Christchurch won the tournament's trophy, but he wasn't too keen on his name being released.

Ms. Hannam and partner Brian Williams run a naturist retreat in the Wairau Valley called Wai-natur Naturist Park.

"It's a holiday camp where you don't need clothes – you have a small suitcase!" Ms. Hannam said.

Among the golfers were English couple Margaret and Alan Taylor who were combining "naturism and family" while on a New Zealand holiday.

The Taylors got into naturism in the mid-1980s after Mr. Taylor was diagnosed with psoriasis. The best cure is sun.

But too much sun can come at a price. Once Mrs. Taylor got a burnt bottom, which she said "you only do once."

After initially being nervous prior to her first ever "stripping off," it's now old hat. "But when you actually do it, it's such a non-event."

It is their fourth trip to New Zealand, and Mrs. Taylor said New Zealand naturist events had a greater feeling of freedom than those held in the United Kingdom, where the events are regularly locked and people cannot just drive in.

Ms. Hannam believes being naked is healthier – both mentally and physically. "Once they get past that fear of uncovering themselves, they're more empowered."

stuff.co.nz

It's time we confronted our ambivalence over nudity

JEN VUK

February 15, 2010 Comments 24 – We've barely scratched the surface of 2010 and already it's shaping up to be The Year for Very Public Displays of Nudity. There's Foxtel's "top-rating" How to Look Good Naked, the runaway success of all-female nudity in the British stage play *Trinity*, and animal rights group Peta's latest nude ad campaign featuring a former porn star.

Of course, what would an Aussie summer of cricket be without a streaker getting halfway to the pitch (this time at the WACA) before being tackled ... err, judiciously apprehended?

And yet how is it that the old "bathers versus birthday suit" argument still manages to end up getting our Speedos in a knot?

In Sydney last week a councillor's failed effort to remove Lady Bay Beach from the city's list of nude bathing areas led him to vow to continue his effort to make the beach more "child friendly."

In Queensland there's been a brouhaha about a "no-holes-barred" Queensland resort, run by self-described "rudie nudies" Tony and Lenore Fox. Not only did the pair send other, more modest groups of nudists into a tizzy last month, they managed to drive a wedge through one of modern civilization's most enduring pastimes.

Nudism (also more benignly known as naturism) traces its origins to 1800s in Germany, when being naked under a summer sun was prescribed as a cure-all for illnesses largely caused by an early industrial age. According to disciples, modern nudist resorts work because there are rules and a basic code of conduct. As there must be when they cater mainly to families and couples who simply want to be able to walk (or skip, frolic or whatever the heck nudists do all day) unencumbered in a supportive environment.

Could it be that our undying fascination with public nudity reveals less about people who take off their clothes as a lifestyle choice

Nudes in the News

and more about those of us who don't? Certainly, more than we care to admit.

Last month, Age writer Denise Gadd admitted she had mixed feelings about reports of Melbourne's Sandringham Beach being considered as a clothes-optional beach. Not, she writes, because of fears the beach would be overrun by nudists, but because of "the people who might be attracted to the area for the wrong reasons."

Try this on for size next time you're out. Throw the word nudism into a conversation and see how long it takes before the sniggers and innuendo reach a crescendo – the loudest could well come from those likely to be first in line to strip off in front of the lens of contemporary nude photographer Spencer Tunick when he arrives in Australia next month.

This is about more than exposure. It's about our ambivalence.

We may rally against body scanners at airports, arguing that they cross the lines of decency, but that didn't stop almost 70,000 volunteers converging at Sydney, Melbourne and Adelaide airports to test the full-body security scanners during recent trials.

It wasn't for nothing that "curiosity" was the main reason cited by those who took part. Sure, the ever-present threat of terrorism has made us more security conscious than ever. But we've been body conscious – intensely, indefatigably so – since the day dot.

The human body is something to be admired and sometimes abhorred. But it is rarely ignored, a point made patent by the sorry episode involving the hapless Macquarie stockbroker caught viewing near-naked images of lingerie model Miranda Kerr on his work computer.

Commenting on the affair, Sydney academic Cordelia Fine wrote: "These kinds of sexually provocative images of women are so ubiquitous that it's completely understandable that many are left thinking, 'What's the big deal?'"

The big deal is coming clean about our intentions, accepting that the media only feed us what they think we want, and understanding that when we gorge on the headlines, we swallow an underlying social assumption that equates nakedness with a kind of perversion.

The discussion needs to move beyond tut-tutting about other people's lifestyle choices. Surely we should be analyzing our own responses rather than engaging in knee-jerk reactions that equate nudity with titillation.

Jen Vuk is a freelance writer. — Sydney Morning Herald: smh.com.au — Source: The Age



Tel Aviv Museum of Art invites Spencer Tunick to Israel

Spencer Tunick is the American 'nude people installation' artist with, until now, more than 70 of his art-projects worldwide (Dublin, Amsterdam, Mexico City, Rome, London, Helsinki, Maine, Barcelona, etc.) His art-projects are involving sometimes more than 18,000 nude people.

Ari Fruchter, Board member of The Tel Aviv Museum of Art, started a few weeks ago an action (on Facebook) called: "Bring Spencer Tunick to Israel."

He wrote: "Help make history in Israel and prove the sceptics wrong by showing that Israeli's are open minded and free..." and: "We're organizing a large-scale photo installation in Israel for Spencer Tunick, along with a documentary ("Naked Israel") and a museum exhibition."

Yes, let's prove it!!! As a Facebook-member sign in as a fan of: "Bring Spencer Tunick to Israel!!!"

Council head says won't allow Spencer Tunick nude photo installation

Israel – Dov Litvinoff, head of the Tamar Regional Council, which is next to the Dead Sea, announced that he is opposed to mass nude installation of photographer Spencer Tunick, who arrives in Israel on April 18.

Litvinoff said that he will not allow the installation to be held, claiming that it offends the Israeli public's sensitivities, particularly the haredi and Muslim publics that regularly visit the area. Tunick plans on photographing sites at the Dead Sea, as well as Tel Aviv Port.

Ilana Curiel – Israel News



One of Tunick's creations shot in Australia's most recognizable harbor-side landmark – the Sydney Opera House.



About 5,200 volunteers gathered on the steps of the Sydney Opera House to pose nude for artist-photographer Spencer Tunick on Monday morning, March 1. Pictures: Toby Zerna.

Tunick's nude shoot draws 5,200 in Sydney

Spencer Tunick's latest art-photo installation in Australia drew more than double the expected turnout, with approximately 5,200 volunteers gamely doffing their clothes early Monday morning to pose nude in front of the Sydney Opera House.

Volunteers began queuing before dawn to participate in the U.S. artist-photographer's installation, which included a series of images shot outside as well as inside the iconic Australian landmark.

People of all ages, backgrounds, shapes and sizes posed, embraced and mugged for Tunick – best known for his distinctive photos of nude figures in public spaces.

Participants included a woman pregnant with twins who was set to be induced for labor later Monday, rugby players, doctors, teachers and even a local TV personality, who turned away from the camera to film a segment for his morning show.

"I'll never get a chance to do this again; it's not worth being inhibited," Art Rush, a 19-year-old student and participant, told reporters.

"It doesn't feel sexual, it just feels tribal, a gathering of humanity," he said. "I thought it would be all old people and nudists, but everyone here is great."

Monday's Sydney event, dubbed The Base,

was commissioned as part of the city's Gay and Lesbian Mardi Gras Festival.

"It was difficult to get the straight participants to embrace the gay participants and vice versa," Tunick said afterward.

Tunick had also invited Lady Gaga, who recently professed to be a fan of his work, to participate as well, but there were no reports of the outrageous pop star at the shoot.

"So I was very happy that that last setup finally got done and everyone came together [in a] united, friendly kiss, a loving kiss in front of this great structure."

The Sydney installation, which organizers had initially expected to draw just 2,500 volunteers, ultimately surpassed the 4,500 that turned up for Tunick's 2001 shoot in Melbourne.

He has also photographed his installations in Mexico City, Montreal, New York and Switzerland.

CBC News



TV star Grant Denyer strips off and gets into the action at the Spencer Tunick Opera House photo shoot. Picture: Toby Zerna.



You're sure to find
Nudist Friends
 at Internaturally.com

LETTER: Self-determination at the Kaufman House

By Donna Neufeld – Newton Kansan

Feb 24, 2010 – North Newton, Kansas — “I’d rather do it myself!” Reaching the age of the “terrible 2s” and tasting control of our own lives, sparks our thirst for self-determination.

So, too, with the Kaufman House residents. This was a unique group of what society tends to call “misfits,” bonding together in a 20-year “family” of their own self-determination.

Although dealing with emotional problems, this group of five or six residents lived as renters in the Kaufman House, free to move in or out as they and their families chose.

Treatment was an added choice.

As in any “family,” they made their house rules, planned meals, shopped, cooked and supported each other through good times and bad. (Through the 25-plus years of Kaufman House, more than 100 residents used the Kaufman House as their temporary home and their help in coping with the world. Arlan and Linda Kaufman were never sued for abuse of any kind.)

“It’s the sex thing,” my church friend said as she judged the Kaufmans to be guilty.

Self-determination — how far does it go when dealing with sexual needs of consenting adults — all older than 30, who have lived as a family for more than 20 years?

This “family” included a valedictorian of a 350-member class, a graduate of Hutchinson Junior College, a graduate of Baker University, a master of arts graduate from the University of Texas, one who attended two years at UCLA-Berkeley and another who was employed out of town for more than 10 years.

Their parents were equally educated.

This group believed their constitutional protection included privacy rights — of masturbation, nudity in their own home, and yes — shaving pubic hair, and yes — taping social activities.

(Quote from a resident in a court exhibit) “... Who is the ‘judge’ of our choices? Who is the ‘judge’ of what is ‘inappropriate’ private sexual behavior among those of us living here? Who’s (whose) standards of behavior are being imposed on us? What right does anybody have among responsible single adults to dictate their personal sexual behavior? I



Linda Kaufman and her husband, Arlan, were convicted in November 2006 of forcing residents to work naked and perform sex acts, while billing the government and their families for the “nude therapy” sessions.

believe we have that right for ourselves.

“Over the years, we have developed a clothing-optional policy in the house. Some of us are naturists and believe the psychological, physical and spiritual benefits of social nudism are significant. We have subscribed to a Christian naturist publication. It is legal to go nude in our own home. ... This includes going nude to therapy group if we want to.”

Sex is a society hang-up. A voyeuristic curiosity draws persons to the sex lives of athletes, legislators and also to these residents.

Emotional labels like “vulgar sex acts,” “pornography,” mean well-meaning folks end their search for the rest of the story.

Most agree our own sex lives are private — not the business of the media or government. We, too, might feel devastated if such were exposed for the world to see.

So, now where are these five or six residents — this “family” exposed and broken up by the government after more than 20 years of security with each other and Arlan and Linda Kaufman?

According to a court report and our personal knowledge, one resident employed for more than 10 years was hospitalized, one is institutionalized, two others are repeatedly in and out of hospitals.

Self-determination, as practiced in the Kaufman House, had been a strength in their valiant efforts to build meaningful lives.

thekansan.com/opinions



Pastor backs nudist resort

by Malungelo Booï

March 29, 2010 – A Cape Town clergyman said that plans by a British company to open a nudist resort in the Western Cape should not only be viewed in a negative light.

British-based Vigla Natura Enterprise’s plans to run a nudist establishment near Stellenbosch.

It is hoped the upmarket resort will be up and running by January next year.

Three churches in Stellenbosch contacted by Eyewitness News declined to comment on the matter.

However, Reverend Laurie Gaum said the matter should be viewed differently.

“If this is about naturalness and is about people really embracing their body’s uniqueness, it should be seen in a positive light. This thing of nudism is often confused with a sexual act.”

news.iafrica.com

See the announcement of Vigla Natura’s newest resort in South Africa, due to open in January 2011, page 48.



Nudists ban clothes on British island

London, April 27 – Nudists banned clothes over the weekend on a British island that is famous as the site from where Marconi sent the first ever radio message across water over 100 years back.

British Naturism members from across the country arrived at Flat Holm Island in the Bristol Channel and other tourists weren’t allowed there over the weekend, unless they agreed to strip off too, *The Sun* reported Tuesday, April 27.

Flat Holm Island is the place from where Marconi sent the first ever radio message across water in 1897. It is about five miles from Cardiff.

indiatalkies.com

Temecula apologizes for removing nude portrait

02/25/2010 – TEMECULA, Calif. – The Riverside County town of Temecula has apologized to a local artist for removing his nude portrait from a show at a city-owned building.

The mayor sent Jeff Hebron a letter on Wednesday that said the city recognizes the importance of artistic expression and was sorry for offending some in the arts community.

The National Coalition Against Censorship sent a letter of protest last week after Hebron’s nude of a woman was pulled from a show at a city-owned venue called The Merc.

The mayor’s letter indicated the concern was that young children might be present.

Meanwhile, another artist, Lora Sanders, says two of her portraits were removed from a library exhibit last month. One depicted a smoker and the other had a man holding a bottle.



The Associated Press



WNBR Southern Hemisphere Solidarity Ride

by Leif Heilberg

March 13, 2010, San Francisco –

“I opened up the second page of the Bay Area section of the *Chron* this morning. On the lower corner was news of, and the route of the St. Patrick’s Day Parade down Market and around the Civic Center. Of course, the more militant and anarchistic of you WNBR riders would opt to bust into the St. Paddy’s Day Parade. However, I don’t think the devout Catholic among them (most of them) would appreciate our appearance or lack of attire. It is therefore in the best interest of keeping the peace to delete Market Street as a central part of the route. Maybe in the later part of the day it can be ridden down on the return at the end of the ride, but I think it best to let those devout, drunken Irish be.”

“...there is no rain in sight. LET’S RIDE!!!!!!!!!!!!”

The above words were what Jeff, an avid WNBR rider, had posted on Yahoo to fellow WNBR participants, and I, the steadfast photo reporter, made sure to be at the time and place to capture whatever might happen.

A smaller group of San Francisco Bay area WNBR riders had via the Internet expressed interest in trying out a nude “solidarity ride” on the date of the Southern Hemisphere WNBR cyclists, although the climate in San Francisco on March 13 is rather cool (in

the lower 50s).

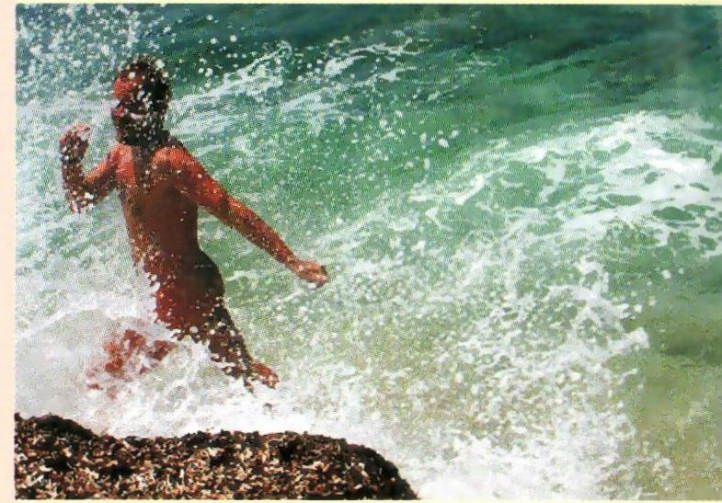
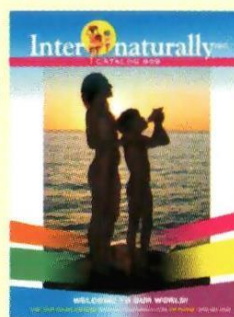
I doubted many would come, on account of many prior days of rain – the weather forecast had predicted rain ’til about 10 a.m. – and the coolness in March. I guessed at a maximum of a half dozen courageous souls.

Saturday morning dawned sunny with clear blue skies, but a biting cool breeze. On location just after 11 a.m., only one bike rider, Jeff, was there. Another half hour later, Lloyd and Bob showed up, then a young woman (who wouldn’t undress but just wanted to take pictures), then another young woman who said she was game, and finally another couple of guys. So we ended up with five men and one woman riders, and as many or more without bikes, who just wanted to take pictures. My fingers were beginning to turn bluish from the icy breeze.

Just after 1 p.m., the half dozen nudes took off along the Embarcadero and disappeared from sight. In my mind, I just wished them good luck. There had been no body painting or other organized activity, but for a small ad hoc group, it was okay.

The Catalog

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Attorney to defend San Onofre naturist spot

Tuesday, March 23, 2010,

SAN ONOFRE – Allen Baylis, an attorney representing nudists who frequent San Onofre State Beach’s Trail 6, said Tuesday he is assembling a team of “top-notch” criminal defense attorneys to fight two tickets recently issued to naked sun bathers.

State park rangers started enforcing its crackdown on nudists at Trail 6 after two years of legal wrangling, said Roy Stearns, a state parks spokesman.

For many years it was a “very remote, mostly isolated” trail and there weren’t many complaints about the “clothing-optional part of the beach,” Stearns said.

However, in recent years as Orange County grew “it just wasn’t the same remote place,” and began to draw gawkers and lurid activity, Stearns said.

“The area was attracting an element that was rather unsavory – not the nudists themselves – but an element that seemed attracted to that,” Stearns said. “We were finding sex toys in the bushes and other kinds of things, and sex acts here and there, and it became apparent we needed to do something about it.”

However, Huntington Beach attorney Allen Baylis, who has led the battle against the ban on nudity, said most of the problems were happening in a park about a mile away from the beach.

A California appellate court ruling in June allowed park rangers to enforce the so-called Cahill Policy that prohibits nudism at Trail 6, Stearns said. The state Supreme Court refused to take up the issue, he added.

Baylis said he thinks he will have better luck fighting the Cahill Policy in criminal court in San Diego County. The precedent established in criminal court will prevent park rangers from enforcing the policy, Baylis said.

“We have a number of constitutional arguments to be made,” Baylis said, adding he anticipates challenging the policy on the 14th and 1st Amendments.

“I’m lining up a team of top-notch criminal defense attorneys,” Baylis said. “We plan on having some of the best in the field fighting (the citations).”

The citations are misdemeanors that can add up to \$500 fines.

Source: City News Service



Guests will be able to dine "au naturel" beside the Turkish hotel's pool

Turkey's first hotel for nudists welcomes foreign guests to bare all

British holidaymakers in Turkey are being invited to shed their inhibitions and their swimming costumes with the launch of the country's first nudist hotel.

Visitors to the Adaburnu-Golmar hotel on the country's Aegean coast, set to open on May 1st, will be able to work on full-body tans in the resort grounds and will also be able to take advantage of the hotel's private nudist beach, a short drive away.

Hotel guests will have to cover up indoors but can eat 'au-naturel' at the pool bar and outdoor dining terrace from 8am to 8pm.

The beach in front of the hotel, near the popular resorts of Marmaris and Bodrum, is a public area off limits to nudists, but the resort is offering guests the chance to sunbathe as nature intended on a private beach, located a 20-minute drive away.

The hotel, which is near the town of Datca and bills itself as a "lovely new family-owned hotel," opens on 1st May. Other facilities at the hotel include a large pool with waterslides, a Turkish hammam, a fitness center, boules and table tennis.

The private nudist beach will be open exclusively to foreigners and the hotel will spare any blushes by providing a free shuttle bus to and from the beach.

Facilities at the 600-metre beach include sunbeds, umbrellas, showers and a beach bar serving cocktails and food.

Nude sunbathers will, however, have to share their beach with the goats and chickens that belong to the hotel owners. Facilities at the 600-metre beach include sunbeds, umbrellas, showers and a beach bar serving cocktails and food.

dailymail.co.uk/travel



Waterslides, a fitness centre and hammam are all in the offing at the Adaburnu-Golmar hotel plus a shuttle service to a nearby nudist beach



"Nudism is allowed inside the hotel premises, but not on the nearby public beaches," Ahmet Cosar, bookings manager at the Adaburnu-Golmar hotel told local newspaper Milliyet.



Nicky on child nudity

Nicky Hoffman of the 25,000-member Naturist Society, which "promotes body acceptance through clothing-optional recreation," said most 14-year-olds are body-conscious and don't want to be in the buff.

The worst thing to do is force them, she said. "They might be very embarrassed. And I'm sorry to say, but if a child is very upset and talks about it and it gets out, a mother could lose custody."

But are there long-term negative psychological effects?

"I don't think so. We've done polls and found that just about everyone has skinny-dipped with others at some point. The key thing is it has to be their choice."

Some might wonder if it's OK at all to raise a child in a nudist culture. Hoffman said that first, measures are taken to protect children at resorts or beaches, through self-policing and guidelines. More important, letting it all hang out fosters a healthy body image.

"We call our parts by the appropriate names and aren't ashamed of them. There's no 'pee-pee' in naturism. We know our parts and what they are for."

Naturists tend to have lower numbers of teen pregnancies, she said. Girls and boys learn about inappropriate actions, and how not to clamor for attention or denigrate themselves or others for "imperfections." "They end up with a deeper respect for the opposite sex," she said. "It's like there's no surprises. We look deeper than the surface — you may grow up feeling intimidated talking to a doctor if he's got his suit and tie on, but when there's no clothes on anyone, it's an even playing field."

hattiesburgamerican.com



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Residents of nude community consider going out with clothes to be the most troublesome thing. (CRI photo)

Nude tourism is popular in Europe

April 20, 2010 – According to the latest statistics, sales of real estate in Europe have fallen sharply due to the financial crisis, but housing developments in nude communities have seen unprecedented growth.

The generation of Hippies is aging, but the “Back-to-Nature” movement promoted by anti-materialists has seen resurgence in developed countries, including nudism, which rose in the 1920s in Germany.

The Mediterranean town Le Cap d’Agde, close to Montpellier in Southern France, is one of the biggest nude communities in the world. In the town, nudity is legal. If you want to buy a house near the beach, you’d better check the price first. A studio is priced at 90,000 euros at least, and 200,000 euros at minimum for a house with two living rooms.

During the best season for traveling here, from May to September, there will be about 4,000 visitors coming to this town. At that time, you can spend 140 euros to rent one of the best flats for just one night.

In addition, France has lots of such towns and villages, but most of them are located in forests.



Most residents of nude community are the single elderly. (CRI photo)

english.peopledaily.com.cn



“Mayberry” bans thongs on beaches

Kure Beach, the North Carolina town called “Mayberry with a beach” by its mayor, has banned swimmers from wearing revealing swimwear, thus making the donning of thongs illegal.

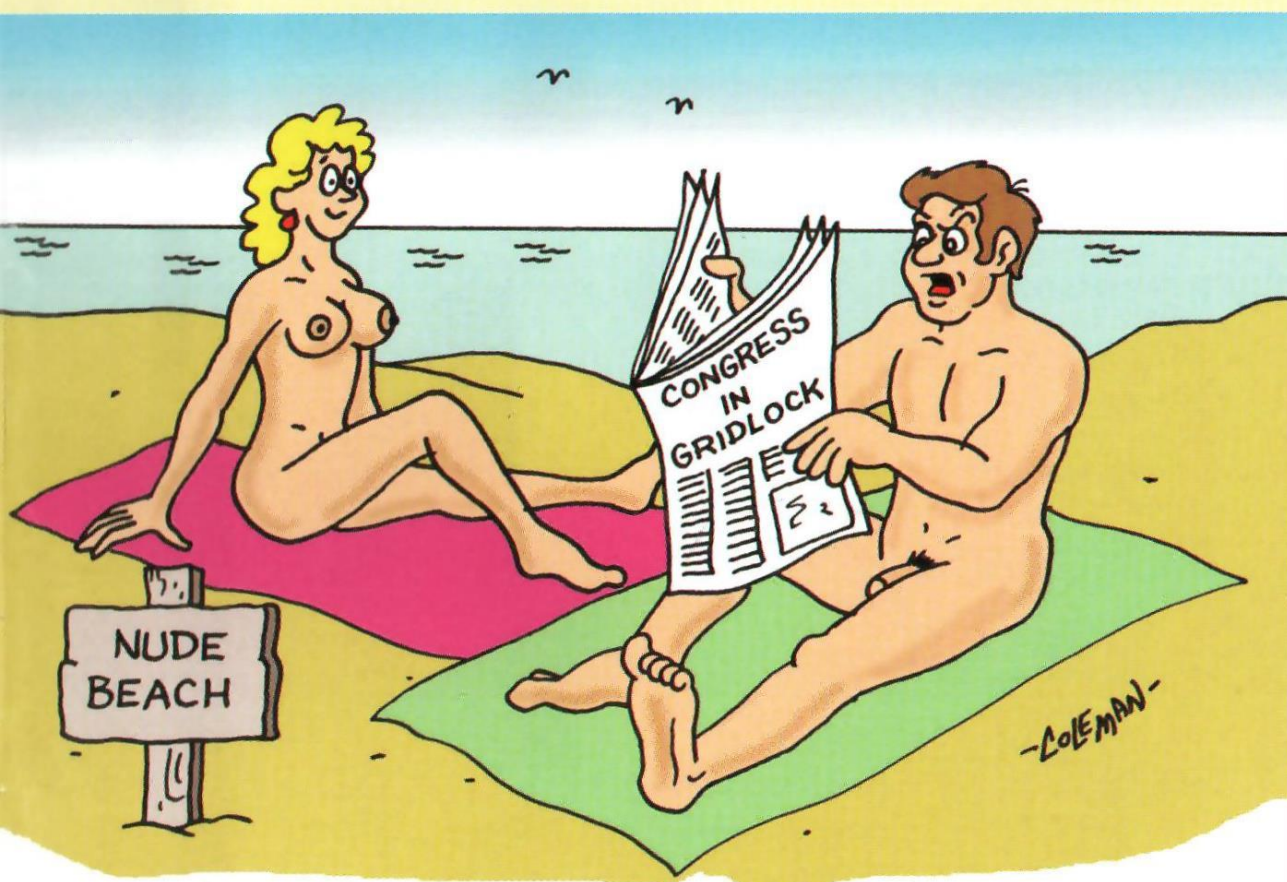
Kure Beach Mayor Dean Lambeth said, “We’re going to keep this as close to Mayberry with a beach as you can keep it,” referring to the comedic Southern community portrayed on the 1960s TV series “The Andy Griffith Show.”

The Star-News of Wilmington reported that the town council voted to add a ban against the revealing swimwear to its existing ordinance against nudity.

The move came after the police chief received an e-mail earlier in the week asking if the town’s existing nude bathing ordinance allowed thongs.

“We try to do everything we can toward being a family oriented beach,” Mayor Pro Tem Chuck Keener told the local paper.

Source: CBS/AP



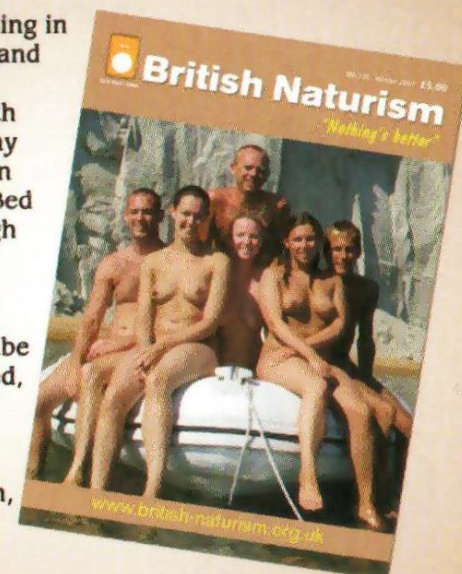
" WHILE THE LESS - ONS RELAX AT THE BEACH, THE MORE - ONS ARE RUNNING THE COUNTRY ... "

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THE FRONT CELEBS

FAMOUS FREE-BODY ADVOCATES

Hayden Panettiere nude for new movie

Posted in Hayden Panettiere by: Jennifer G.

Heroes star Hayden Panettiere's latest movie, *I Love*

You, Beth Cooper, will be in theaters on July 10th and I have a feeling all the men won't want to miss this one. Hayden has a nude scene and I can't think of anyone who will want to miss it!

"I was really naked," the 19-year-old starlet tells me. "I had these little sticky petals on my boobs, but that was about it. My dad calls me such an exhibitionist. He always says, 'God, even when you were little, you were such an exhibitionist!'"

Hayden isn't ready for full frontal nudity for the cameras, yet.

"I'm cool with my body, and I'm cool running around undressed and all that stuff, but there are just certain things that not everyone needs to know, that you need to keep somehow private and personal to you," she said. "But you never know, you never know. I could be 30 years old and just be like, 'Screw it—I want to take it all off. I better take a picture of this baby before it all goes.'"

I am glad she's not giving it all up. I think she is keeping her class and that is a thing of great value. Way to go, Hayden!

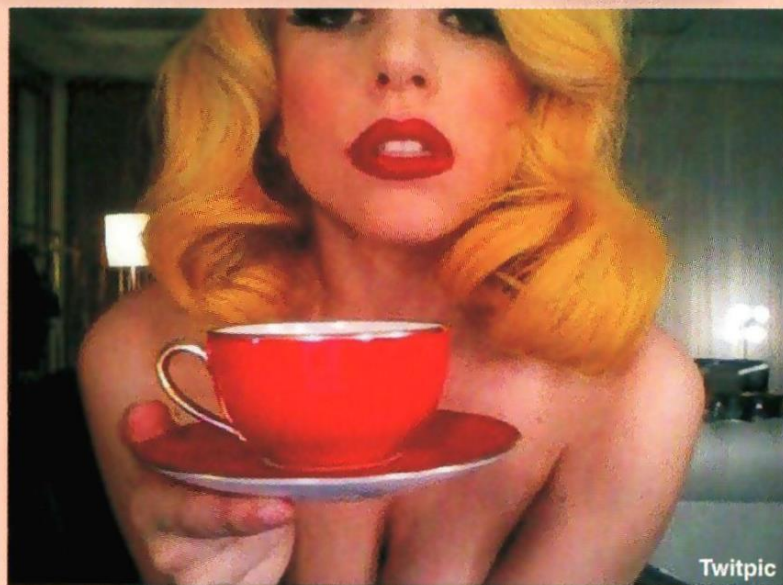


Lady Gaga tweets nude?

Lady Gaga has celebrated her birthday on Twitter by sharing a picture where she appears to be nude, holding a red cup. She appears with very yellowish blonde hair and strong red lips. This is what she tweeted when posting the picture.

"Nothing like a communist-red teacup to make for the perfect birthday gift. Last words are for fools who haven't said enough."

Now, who might she be referring to when talking about fools who haven't said enough? We don't know... but we still want to congratulate Gaga on her birthday. She has turned 24 years old now!



Bruno Tonioli goes nude

by Olivia

Dancing with the Stars judge Bruno Tonioli has stripped down for charity! The choreographer and TV personality posed nude to raise money for Cancer Research UK, according to the *Daily Mail*.

In his photo, Tonioli is featured with his arms above his head and one leg bent, in a very dancer-like pose.

Tonioli joined such British stars as Lucy Benjamin, Kate Walsh, Camilla Dallerup and Julia Bradbury, in addition to Sol Campbell and Christopher Biggins. The photos are part of the Give Up Clothes For Good campaign, which is a national clothing and homeware collection plan to help beat childhood cancer. Stores TJ Maxx and HomeSense are also supporting the cause.

Tonioli said, "I encourage the nation to open up those closets; reach for those hidden marvels, and donate your fabulous items of clothing and homeware."



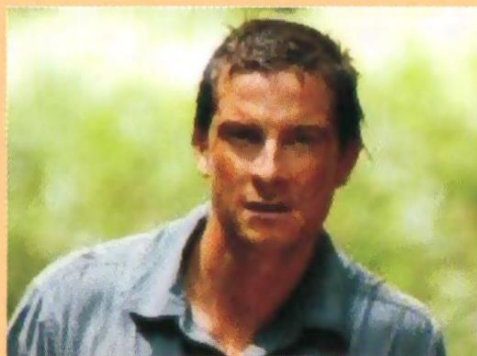
Josh Duhamel wants to visit a nudist beach

The *Transformers* star wants to spend his next vacation on a nudist beach, saying he likes spending his free time naked.

"My perfect holiday consists of my wife [Black Eyed

Peas star, Fergie], my Speedos, my toothbrush and I would spend my time on a nudist beach!" said Josh. "That would be great!"

Josh, 37, and Fergie, 34, recently renewed their wedding vows.



Bear Grylls was "nude when he met wife"

Bear Grylls has said that he was naked when he first met his future wife.

The adventurer had been skinnydipping off the Scottish coast, when a wave swept his clothes away. Fortunately passerby, Shara, who he later married in 2000, was able to help him find his socks and pants.

Source: *The Guardian*



Katie Price's husband goes nude

Katie Price's cagefighter husband, Alex Reid, has followed his glamor model wife by stripping off for a magazine.

The "Celebrity Big Brother" winner decided to go nude to raise awareness of testicular and prostate cancer for charity organization Everyman. He will appear on the centerfold of *Cosmopolitan* magazine, the *Daily Mail* reported.

Reid also hinted that Price, who met him after divorcing singer Peter Andre, may be pregnant during an appearance on live TV.

Reid was on the show to promote his new TV show "Alex Reid: Fight Of His Life."

Erykah Badu pleads not guilty to "Window Seat" charge

by Kelley L. Carter

Erykah Badu entered a not-guilty plea [in April] for stripping down in public for her much-talked-about "Window Seat" video.

In March, the 39-year-old soul singer went sans clothing in Dallas' busy Dealey Plaza during the video shoot; she later was charged with disorderly conduct in relation to the music video.

"I thought it was a move for women and men and children who feel they weren't good enough," Erykah Badu told MTV News on April 8 about the controversial clip. "This is just me. I'm good enough." I felt it was important enough to do. More pros than cons."

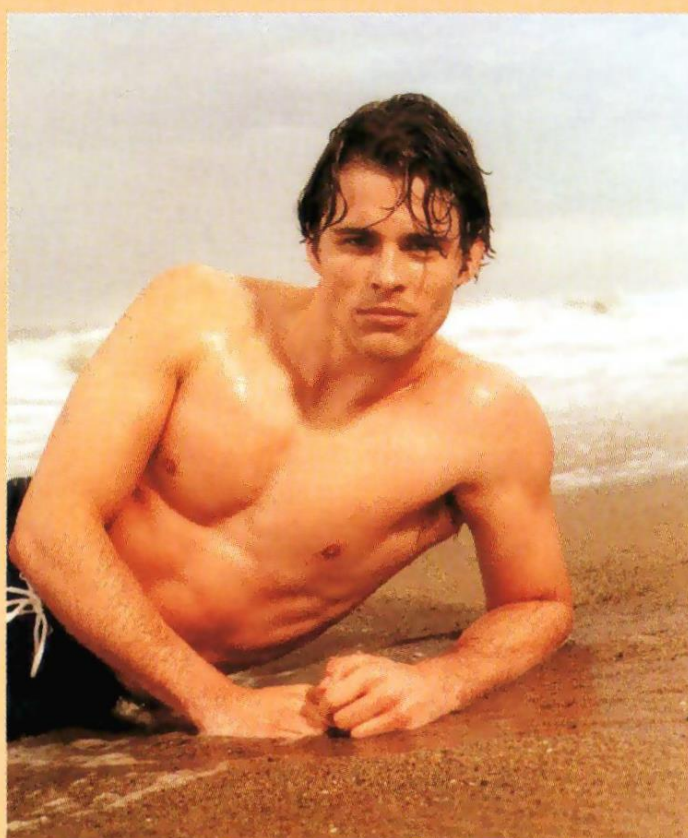
In Badu's video, she sheds her clothes while walking through downtown Dallas, and almost as soon as she is totally nude, she is shot in the head, falling near the same grassy knoll near where President Kennedy was shot in 1963. Instead of blood, animated words that spell out "groupthink" leak from her head on the sidewalk.

The singer has said that she chose to go nude in Dealey Plaza because it's one of the most popular locales in the city.

Badu didn't file for an official permit to shoot the video. The directors of the video, Chike and Coodie, told MTV News that they were well aware of potential attention from law-enforcement officials. They also said Badu was fully prepared for the consequences.

"We had bail money and everything," Coodie said. "I think she really wanted to get arrested and even make a bigger message."

mtv.com/news



James Marsden is 'not shy about nudity'

LOS ANGELES – "I'm not shy about nudity," James Marsden recently said in an interview, and he proves it in the comedy, "Death at a Funeral." Playing Zoe Saldana's fiancé who takes acid by mistake, the "Enchanted" and "X-Men" star climbs onto the roof and does the full monty before the mourners.

James steals the movie with his performance that reveals not only his backside, but also his comic chops. Many critics wrote that he is the best thing in Neil LaBute's American remake of a 2007 British film about how a patriarch's funeral ceremony brings surprises and exposes secrets. Other stars include Chris Rock, Martin Lawrence, Danny Glover, Tracy Morgan and Luke Wilson.



Singer was cited for disorderly conduct after stripping down in public during the video shoot.



Catherin Zeta-Jones nudes – Allure magazine

Growing up, Zeta Jones says, "I spent more time in front of a mirror dancing than I did in front of a desk." She brought the same gutsy attitude to her *Allure* shoot, where she posed nude for Michael Thompson. Interview and more pictures of Zeta-Jones in the May issue of *Allure*.



Helena Christensen naked for Reebok

Helena Christensen has posed naked for a commercial of Reebok sport shoes, wearing nothing but a pair of running shoes.

The Danish-born model, now 41 years old, has been chosen to launch the advertising campaign for Reebok's Easy Tone workout shoes; Christensen says she is a fan of them.

The shoes, designed by a former NASA engineer, promise to tone legs and buttocks while walking.

"I could feel these working right away, which is why I've stuck with them. Living in New York, I like to walk everywhere, so to have trainers that tone your legs and butt as you walk is fantastic," she says.



A Tale of Chivalry

by Ken Schwartz

In Europe long ago there was a time
When chivalry was in its gloried prime.
'Twas in that bygone age a young man might,
With skill and fortitude, become a knight
And, honor-bound, embark upon a quest
To search out wrongs and see they be redressed.
We've previously told of young Sir Jake,
A novice knight who had seen fit to take
A solo journey on his mighty steed,
Steadfastly on whatever path might lead
To situations grasping his attention
As candidates for helpful intervention.
We've told how Jake saved one he thought
distressed
And how he helped a lad he found depressed.
And now we tell how Jake cut short a siege
With artfulness that would please any liege.

The Tournament of Peace

One sultry summer day Jake met a vassal
Who warned of trouble at a nearby castle –
Two hundred men or more outside its walls
Attacking twenty-five inside its halls.
Those laying siege, who claimed they'd been
aggrieved,
Would fight 'til reparations were received.
Those cloistered deep behind the battlements
Could only hope for a turn of events.
As soon as he'd learned of the trapped men's
plight,
Jake knew they needed succor from a knight.
So Jake at once devised a clever plan
That he expected would save every man.



Jake rode onto the scene in knightly manner,
 Displaying o'er his head a large, white banner,
 The sight of which brought to a sudden halt
 What, to that point, had been a fierce assault.
 The catapults and archers all fell still;
 The summer air took on a sudden chill,
 As Jake, the bold, intruding interceder
 Demanded to speak with the siege's leader.
 Once given leave to talk with one called Reese,
 Sir Jake declared that he could bring the peace
 Should Reese suspend inflicting any blows
 While Jake negotiated with the foes.
 It was agreed that Jake might mediate,
 And shortly he passed through the castle gate.

Jake found himself before the castle's lord,
 To whom he offered word of an accord.
 Said Jake, "You may take this on my good word:
 The army outside has just now concurred.
 Select six men whom you think are your best
 And send them to the north field all undressed.
 The force beyond your walls will do the same,
 And twelve men will do battle in a game.
 The better six nude men will show their mettle,
 And bloodless victory will serve to settle
 The grievance that brought armed men to your walls
 And forced you to retreat into your halls."
 "We, too, agree," the castle's lord replied,
 And Jake then left to speak with Reese outside.

Said Jake to Reese, "Take this on my good word:
 The army inside has just now concurred.
 Select six men whom you think are your best
 And send them to the north field all undressed.
 The force inside those walls will do the same,
 And twelve men will do battle in a game.
 The better six nude men will show their mettle,
 And bloodless victory will serve to settle
 The grievance that brought your men to those walls
 And forced your foe to cower in the halls.
 Are you not confident your side will win
 Though doing battle dressed in naught but skin?"
 The fearless leader uttered not a word
 But gave a nod to show that he concurred.
 Jake smiled inside content there'd be no feud
 Once all had found the joy of running nude.

With everyone assembled in the field,
 And twelve men clearly having naught concealed,
 Jake separated teams of enemies
 By stringing a taut rope between two trees.
 Then, with his sword, Jake cut four long, straight lines
 Into the ground to mark a court's confines.
 Jake next produced a bagpipe he'd procured
 In northern lands he recently had toured.
 He blew it up and sealed off every hole
 And then explained the competition's goal:
 Each side in turn would give the bag a knock
 Across the rope, and then someone would sock

The bag back to the other side,
 Until someone had hit the bag too wide
 Outside the lines or let it hit the ground,
 At which point silver scoring bells would sound.
 A team must try not to allow the chimes,
 For they would lose on failing fifteen times.
 When one side had won two games out of three,
 Then that side could claim total victory.

The game commenced and quickly drew a crowd
 Of onlookers who clapped and cheered aloud,
 Some waving banners colored red or gray,
 Supporting the side they'd have win the day.
 And lest their full support seem unexpressed,
 A goodly portion chose to get undressed.
 In time, though, numbers of nude boosters found
 Their bottoms ached from being on hard ground,
 So these nudes dropped their flags from overhead
 And placed them underneath their bums instead.
 The players, for their part, jumped, lunged, and dove
 As if in combat as they boldly strove
 To win the contest and the right to brag
 That their side had prevailed at volleybag.
 At length, one team won two games out of three
 And left the field content with victory.
 There was no bloodshed, not an angry scratch;
 Instead, the men arranged a later match.
 Sir Jake, well pleased with what had passed that day,
 Bade farewell to the crowd and rode away.

Jake scarcely could have guessed what seeds he'd sown,
 For soon nude volleybag was widely known,
 And games and tournaments could oft be seen
 Wherever one might find a patch of green.
 Nude players having no bag for a game
 Found they could use cow bladders just the same.
 Nude spectators with cloth pads for the ground
 Would travel to the games from miles around.
 In time, though, all those people going nude
 Provoked complaints from some who thought it lewd,
 And lovers of the game had to stay dressed
 For fear they otherwise might face arrest.
 But such was the demand for playing bare
 That volleybag game lovers formed clubs where
 They could enjoy sports naked with no fears,
 And, thus, games have endured eight hundred years.





Reluctant Nudist

(One Woman's Journey)

by Bibi Faye

I was born into and raised by a very conservative, religious family, in a small town in Texas. I played the piano for Sunday School as a teenager. I was always the “goody-two-shoes” type. This is how I thought every young girl should behave. When I was growing up, I didn’t know there was really any such thing as a nudist. The idea that people actually got together to social-

ize, for sports, sunbathing, eating while naked was quite foreign to me.

When I went off to the big city and college, it was pretty much a culture shock to my sensibilities – you know, “country comes to town.” In my second year of college, I met my future husband who was, to say the least, a bit more progressive than I. He had some experience with nude encounters, and he wanted me to get involved in skinny-

dipping and nude sunbathing. I wasn’t into any of that, but I did go skinny-dipping with him a couple of times. Once he brought along a buddy of his – another student from the college we attended. I was totally embarrassed and spent the entire time neck-deep in the water. I finally told him I was freezing. He told me to come out of the river and lay on a towel and the sun would warm me up. I finally did

but I kept my eyes closed the entire time. I was glad when we finally got dressed and left to go home. I never went to the river with him again. By the way, after we got married, this buddy of his and his wife became our closest friends, but I never really got over the fact that he had seen me naked at the river that day. I always kind of resented him for many years after that incident. Lucky for me, his wife came from a background similar to mine. So, when the fellas started talking about skinny-dipping, or that sort of thing, his wife and I banded together and said “no way.” After we had been married a couple of years, he started talking to me about being a homebody “jaybird” – you know, cleaning the house, doing the laundry, cooking and eating while I was naked. I repeatedly told him I wasn’t interested in that sort of thing. He even brought home some nudist magazines for me to look at. I thumbed through them, just to satisfy him, but didn’t really look at them. After we had been married for four or five years, we started our family, and he sort of shut up about all that stuff.

Two or three years ago we had the summer from hell, a terrible heat wave and drought hit the entire southeast part of the country and the Nashville area, where we live, was hard hit. To make things worse, right in the middle of all this, our AC unit quit working. I mean with daily temperatures close to 100° F and humidity to match, we were miserable. There was not much relief at night either. We would take a shower, and as soon as we got dry the perspiration would immediately be dripping from us again. After about a week of this, I asked my husband at supper one evening how long he thought the heat wave would last. He said it may last all summer, and it did. He had called several AC repair places, but they were all swamped with calls, and he was told in each case that we would be added to their waiting list. At that point, I just broke down and started crying. It was then that he had an idea. Why didn’t we put on our swimsuits, go out into the backyard and use the garden hose to take our showers. Now why hadn’t he thought of that sooner? We hurriedly put on our swimsuits, grabbed a towel and some shampoo, a bar of soap and headed for the great outdoors. He started spraying water on me and it felt wonderful. It was cool and refreshing – even better than I had imagined; it was totally exhilarating. I hadn’t felt this good in days. I told my husband I would like to be able to take my swimsuit off and let him spray that cool water all over my

body. He said, “Go ahead. I don’t think anybody will notice. It’s almost dark.” I soon found out that “almost dark” doesn’t exactly mean “dark.” I took a quick look around the neighborhood and didn’t see anybody out and about. It never dawned on me that if I could see what was going on in the neighborhood, so could everyone else. I didn’t realize that I was so sick and tired of being hot and tired that my judgment was severely clouded. You see, we didn’t have any kind of a fence around our backyard. So, I shucked off my swimsuit and was “bare-assed naked” in what we’ll call the “twilight” of the evening. After a few minutes of total enjoyment from the cool water cascading over my naked body, I picked up my shampoo and began massaging it into my hair. I had my eyes closed in the ecstasy of the moment when I was rudely jerked back to reality

So, I shucked off my swimsuit and was “bare-assed naked”

by the sound of a strange voice. I opened my eyes and tried to see what was going on, but I had so much lather on my hair and face that I couldn’t see anything clearly. I could just barely make out the outline of two male figures walking across our backyard, straight for me and my husband. I told him to spray the shampoo off my face so I could see, which he did. By that time, the two interlopers were standing next to my husband and less than ten feet from me. I then recognized them. It was our neighbor from two houses down and his teenage son. They were both looking directly at me. They spoke to my husband, and then to me. My husband asked them what was going on, and the man said they had seen us down here and thought they should come over to see if everything was alright. My husband assured them that everything was fine. He asked the man if they could see what we were doing from their backyard. He said, “Oh, yes, we watched from down there for a while before walking down here. We even had a discussion about whether your wife was really out here naked.” It was at that very moment I realized if they could see me from their backyard, then so could everybody else in the neighborhood. I would have thought that under these circumstances the sensible thing for them to do would have been to make a hasty retreat to their house. But, these two just continued to stand there talking to my husband. They were talking to him, but they were looking at me.

They both acted as if they hadn’t noticed that I was naked so, I thought, “what the hell.” I was just too hot and tired to care. I finished rinsing my hair and picked up my soap and commenced with my shower. For the next 6-8 minutes, they stood there casually talking with my husband while watching me take my shower. Believe it or not, the boy had brought along a flashlight and, as it got dark, turned it on and pointed the light on me until I finished the shower, at which point I walked right past them, told them goodbye and walked into the house. I didn’t even stop to pick up my towel. As I was whaling away, I heard my husband tell them, “She’ll be appearing here nightly until the heat breaks.” Our neighbor kind of stammered and stuttered around and said, “Does that mean I’m welcome to come back tomorrow night?” My husband answered him sarcastically, “Sure, and next time bring your brother with you and tell him to bring his camera.” With that they left. When my husband came into the house, I told him he shouldn’t have said that to our neighbor, because he was the type of a person who would probably think you meant it and would take you up on your offer not realizing that you were just kidding. He asked me if I cared. I told him all I cared about was getting cooled off and, if he wanted, he could bring the Mormon Tabernacle



Choir down here to watch, as long as they didn't get between me and the water. He just about busted a gut laughing. We didn't see our neighbor man for three or four days. Then right on cue, just as I started to shower, he showed up with his brother in tow.

I gave my husband a go-to-hell glare and said, "You and your big mouth." The two men stood and watched me as they talked with my husband. I heard the brother ask my husband as he pulled a small camera out of his pocket, "Do you care if I take some pictures of your wife? My brother said you told him for me to bring my camera." My husband just stood looking at the neighbor's brother in disbelief. Before he could answer the guy, I spoke up and said, "Bring your camera over here, closer." I told him he could take all the pictures he wanted to. My husband just glared at me, but didn't say a thing. He just kept spraying water on me and kept talking to our neighbor whose eyes were as big as saucers. The guy took six or eight picture of me and then left. After he had gone, my husband asked me why I had acted like that. I told him, to teach him a lesson about shooting off his mouth. He told me this wasn't funny, and he would probably show them to all his friends. I told him that I didn't care, that I had found new confidence, self-assurance, and freedom in the last few days. I also told him if any other guys wanted to come watch me take a shower or take pictures of me naked at my age, I was proud of my body, just bring them on. After this incident, I started doing my cleaning, laundry, and cooking, etc., in the nude. I have also noticed my husband's renewed interest in me. Now I sunbathe in our backyard and sit on our back deck naked, and if one of my husband's friends show up, I don't cover up or run and hide, and you know what, they still treat me with respect and have never said anything nasty or unseemly to me – same for the FedEx man, the insurance man, and the termite man.

I have found for myself that a woman has more power when confronting a man when she is naked that at any other time. We have even located a small nudist camp not too far from our home. We were all set to visit, but my husband suffered a major heart attack. When he feels better again, we will go.

So, ladies, if you have been reluctant to try the nudist experience, let yourself go – go naked, that is. I think that you will discover you don't have to be young or have the perfect body. Just be yourself, and people will accept you and respect you for who you are. ●



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THREE WISHES

by Janett L. Grady



Less than a year after marrying John, Lucy was thinking divorce. John had started treating her with a me-Tarzan-you-Jane attitude, forever telling her to put her clothes back on.

In the privacy of her own home, Lucy enjoyed doing her household chores in the nude, her cooking and cleaning and so forth, and, on more than one occasion, John had brought home friends from his job at The Auto Shop to find Lucy naked, and staying that way as she served wine or beer, sandwiches and chips or whatever.

"What's the matter with you?" he'd yell at her. "Get dressed, damn it! You're too out of shape to be showing these guys your nasty ass."

But his friends would be all smiles, so she'd simply ignore him.

Then came the morning when, on his way to work, John had complained about how silly she looked being naked in front of his friends.

"Up yours!" she yelled after he had left. "It's my house, too, you know!"

Lucy crawled out of her empty bed, gazed back down at the rumpled sheets. Thoroughly upset, she walked naked into her kitchen for a cup of coffee. Lucy had learned to enjoy her morning coffee alone, because she could sip it undisturbed by John and his verbal abuse, his constant diatribe against her refusal to put clothes on. This morning, Lucy had several cups of coffee, from time to time glancing at the clock on the wall. Nine o'clock. Another cup and it was still nine o'clock.

"Dumb clock," she said. "Nothing works."

"Cheer up," said a man's voice. "It's just a clock."

Lucy turned in her seat at the table, and standing there was a naked man with a silly hat and hairy, pointed ears. He was tall and thin and had a friendly smile.

"Who are you?" Lucy asked., angry at the intrusion. "How'd you get in here?"

"Calm down," he said. "I'm not

going to hurt you." He sat down across from Lucy. He snapped his fingers and another cup of steaming coffee suddenly appeared on the table. "I like coffee," he said. "I like it strong and black, no cream and no sugar."

Lucy glared at the cup. "How in the hell did you do that?" she asked.

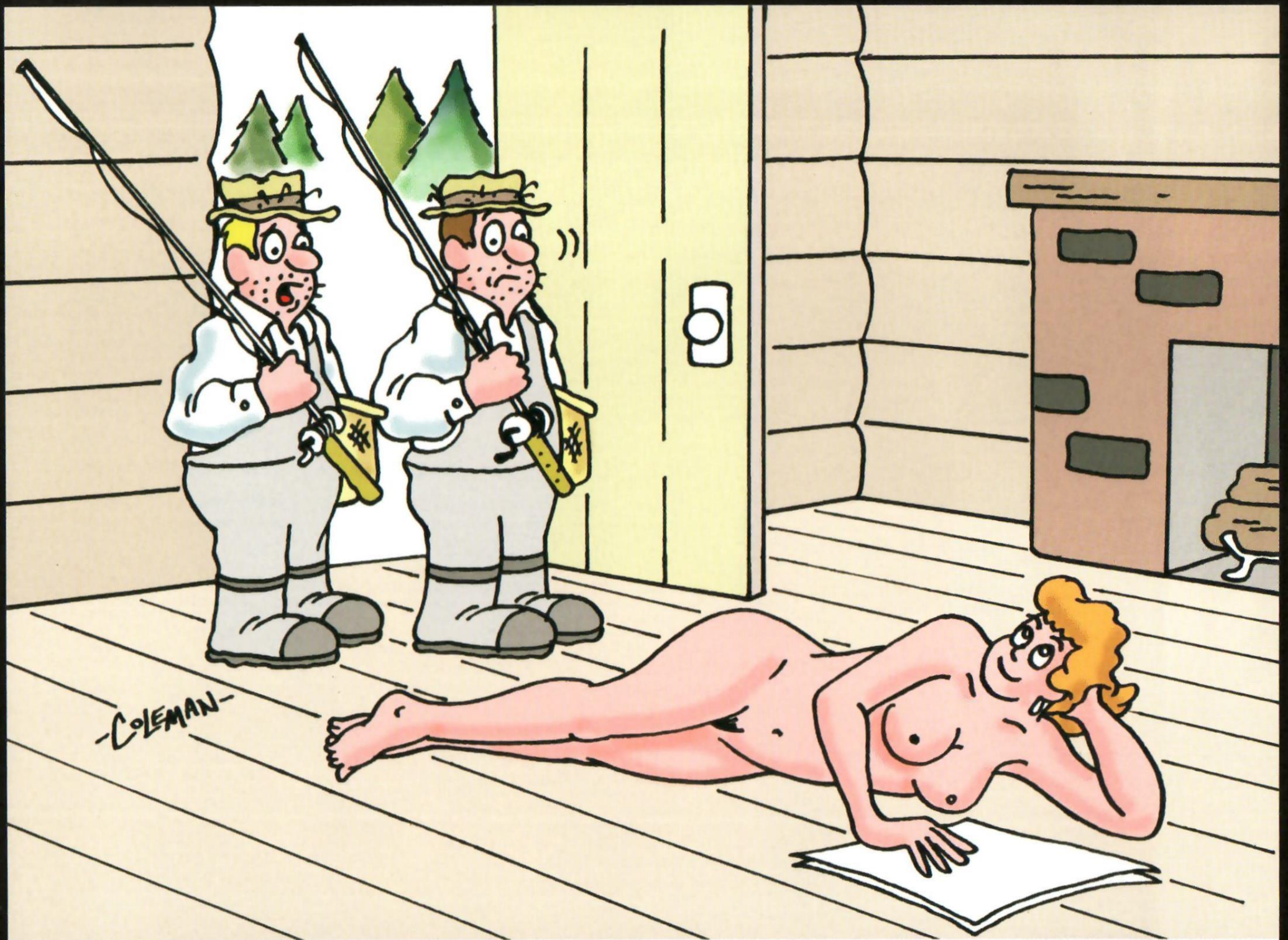
"Take it easy," he said, and sipped from his cup. "I'm here to help you," he said, "at your service, so to speak. You, my dear lady, can have anything your little heart desires. All you've got to do is ask." He took another sip.

"Nonsense," she said. "What, are you some kind of wizard? I don't know what in the hell you are, but I know you don't belong in my kitchen. I must be dreaming."

"You're not dreaming," he said. "Try me."

"Oh, sure," she said, trying to keep from giggling, "and what do you get in return, my soul?"

"That's about the size of it," he said. "You get three wishes, and



"Is that one of those *BARE* skin rugs I've been hearing about?"

when you die, your soul belongs to me."

"That's weird," she said. "What do you want me to do, sign my name in blood?"

"No, no," he said, "that's just a little show-biz to keep the yokels happy. Between us, my dear lady, the deal is irreversible from the moment you agree. Do you?"

Lucy stared at him. She was no longer angry and wondered why she wasn't. He waved his hand, and what looked like an ivory snuffbox suddenly appeared in his wrinkled palm. He raised the lid, removed a pinch of something, and ate it. Smacking his lip-less mouth, he held out the box.

"Witch bone," he said. "Have some. High protein."

"I want a man," she said on a whim, ignoring the offer. "I want a man who's handsome and charming, one who doesn't care if his wife stays naked in front of his friends."

The little man scratched his head, then laughed. "What a wish," he said. "I haven't met a woman like you since yesterday. Do we have a deal?"

"Why not?" she said with a grin, and the naked, chubby little man vanished.

Lucy started giggling. "I must be nuts," she said. "I'm so upset, I'm going out of my mind." She poured more coffee.

Two cups later, the little man reappeared. His bald head was covered with beads of sweat and he was gasping to catch his breath. "Listen," he said, "do you have any idea how few men like that there are in this world? Whew!" He paused and took a deep breath. "Well," he said, "I found one. He'll be right over. He's coming to borrow a cup of sugar."

"Sugar?"

"That's right, sugar. You know, the white stuff. The rest is up to you."

Lucy took another sip from her cup.

"And you get my soul, right?"

"That's right," he said. "When you die, your soul belongs to me."

"No way," she said. "Here's my second wish. I want to live forever, me and the man who comes for the sugar."

He wiggled his ears. "Oh, I like intelligent women," he said. "Nice try, nice try." He ate another pinch from his box. "The best I can do," he said, "is to give each of you another hundred years." He vanished. Seconds later, he reappeared. "There," he said,

"it's done, and since you got a substantial gain, that counts as your second wish. You have one more."

"Not fair!" Lucy protested, trying to keep from laughing. "I didn't get what I asked for."

"I don't make the rules, young lady. That's just the way things are. At least that's how I explained it to Cleopatra."

"Who?"

"Never mind," he said. "What's your final wish?"

"I want an endless supply of wishes."

"Obvious move," he said, sounding disgusted, "but I suppose you had to try it." He shook his head. "Can't be done," he said. "It's not within my powers."

"Then I want you to give me all your powers and keep none for yourself."

He shook a bony finger at her. "Sneaky," he said, "but it can't be done. I can't change my nature in any way." He leaned back in his chair, took another pinch of bone, and ate it.

"I want you to destroy yourself," she said. "Right now, completely and permanently."

"Suicide? Me? I don't like you, lady." He wiped at the sweat on his head. "You won't feel so clever when I come to collect your soul."

"That's my wish," she insisted.

He ate another pinch of bone. "Can't do it," he said. "I told you, I can't change my nature." He stood up, glared down at her. "What's your last wish?" he asked. "It's now or never. When you kick off, I'm closing the deal."

Lucy sized him up, wondered if she could fight him off. He was glaring down at her, but not at her face. His beady little eyes seemed to be fixed on her breasts. She leaned far forward, jiggled her boobs, took another sip of coffee, then straightened up and stretched, arms back, breasts displayed in all their glory.

"You're not so smart," she said, a small smile on her face. "If you're suppose to be a wizard of some kind, you're a pretty stupid one. For my final wish, I wish for no woman to ever let you touch her tits. Never. Unless you release me from the deal."

The chubby little man's face puffed up with rage. "You broads are all the same!" he shouted. "Always trying to get out of what you owe.

Can't do it. Can't change my nature."

Lucy took another sip of coffee. "It wouldn't change your nature," she said. "It has nothing to do with you, just women, the whole wide world of gorgeous women." She smiled up at him, then emptied her cup in one long swallow.

"All right!" he shouted, and vanished. He reappeared almost instantly. "There," he said, "it's done. You no longer owe me your soul."

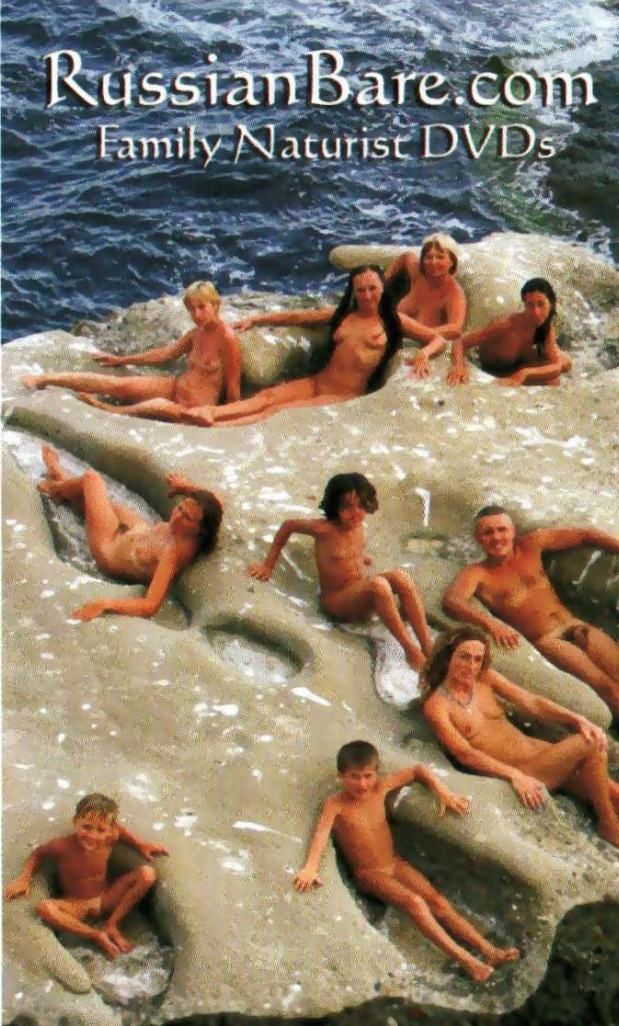
"For sure?"

"For sure," he said. "Now, if you want, we can say our goodbyes with a hug or something. What do you say?"

"Tell you what," she snarled at him. "you're going to leave and not come back. Otherwise, I'm going to beat you to a pulp, drag your naked ass into my bathroom, and flush you into the sewer."

In a puff of smoke, the little man vanished.

Lucy got up, walked over to her kitchen counter, filled her cup with sugar, then went back to her seat. She looked up at the clock. It was nine o'clock and her doorbell was ringing. ●



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naked and green

**by Sue McGarvie
and Blaik Spratt**

*Clinical Relationship Therapists,
Travel Journalists*

Where's a nudist to go if you want to get away from all the same clothing-optional resorts, but don't want to be arrested for inappropriate streaking? We've made it part of our personal mission statement, as travel aficionados and naturists, to find as many great nude spots in the Caribbean as possible. This year, we were also increasingly aware of minimizing our carbon footprint as we traveled. Eco tourism, while not a new concept has really begun to take off—especially for naturists. While most nude resorts have a surcharge for the privilege of being naked (up to 40% extra in our experience), we have really started looking into other warm places where we could be naked outdoors while experiencing different cultures.

We went looking for these examples of green-and-naked Mexico during a recent eco-minded trip to Tulum.

Known as the “eco coast,” Tulum is home to a few large resorts and many small 6-20-room boutique hotels. It is an area of authentic Mexican feel, lots more wilderness, and a bohemian, Jimmy Buffet laid-back lifestyle. Many of the Tulum resorts have an emphasis on being green. Driven by the close proximity to the Mayan land preserve and the indigenous “spirit led” Mayan Shamans, there is a movement afoot to respect the land. Tulum is in the heart of Mayan (native Mexican) country.

This part of the Yucatan is home to beatnik travelers, authentic Mexican music and amazingly fresh and healthy food. We stayed at the adult-only Azulik resort, one of the three resorts



that makes up Eco Tulum (along with Zahra, and Copal resorts located side by side). Azulik has 15 private villas (\$260-320 a night), Zahra has 22 more traditional rooms, and the large Copal has 47 different kinds of cabanas. Copal's huts range in size from family quad size, at \$250 a night to a tiny hut at \$35 a night without a bathroom. It was what we would call “high end beach camping.”

Eco Tulum's concept is to provide

huts on the beach, and blend in as closely as possible with the natural environment. In fact, the whole resort fits into the landscape better than anyplace we've ever visited. There are no lights, no outlets (so leave your hair dryer at home), and a generator powers a ceiling fan during the day. The rest of the time you are feeling a bit like you are in an episode of Gilligan's Island. If you are looking for an accessible, convenient, well-groomed hotel, this isn't it. Eco Tulum is the opposite of a "big-box resort" and we heard again and again how much guests were looking to stay anywhere but at one of the typical all-inclusives. Each hut was unique, the pathways were made of sand and the stairways to climb into the hut were not for anyone with a disability. Some of the stairs were downright scary, but they had muted lighting at night, and the area had a very safe feel. The rooms were beautiful, clean, entirely made of wood (including a huge bathtub made out of a hollowed log) and offered a secluded beach that would rival anywhere in the world for white sand and wildlife.



There are iguanas on your deck, and gekkos in your room. The pelicans, ospreys and other large seafaring birds cast shadows over the patio canopy beds all day. We were awakened by

spider monkeys on the thatch roof along with the nocturnal Kinkajou (a monkey-like mammal). Dolphins are known to swim up and down the coast, and crocodiles are common in the

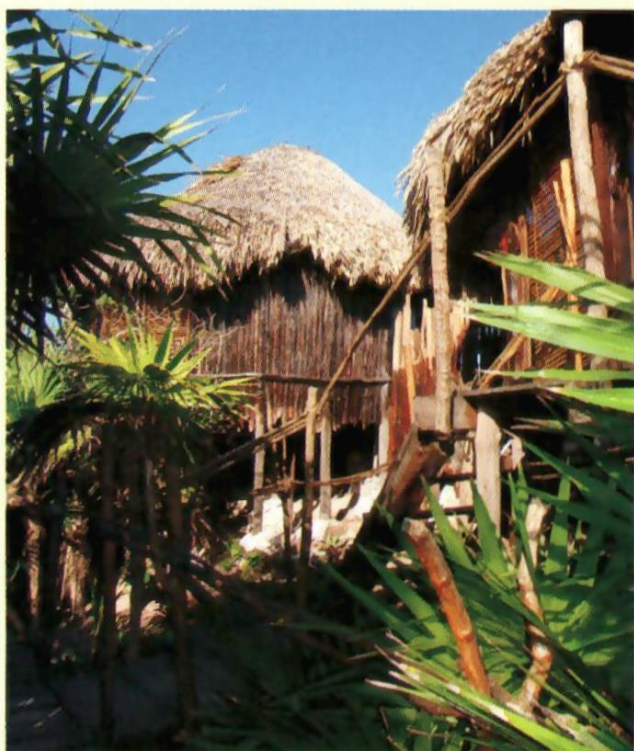




neighboring mangrove swamps.

There are two relatively secluded beaches affiliated with the resort. When we inquired about nudity, we were told that yes, nudity is allowed on the beaches and on individual decks. Although not advertised as such, we saw a good fifth of the beach users naked, with a large proportion of the remaining women topless. As a rule, beaches are public property in Mexico, and while nudity is still formally illegal there are more resorts becoming increasingly more tolerant of naturism. There was a casual acceptance of clothing-optional even among the textiles at Azulik and Copal. We certainly didn't feel self-conscious or frowned upon in any stage of undress on the beaches.

The huts are incredibly romantic. It has the South Sea feeling, built on stilts over the rocks right at the ocean's edge.



It is the romance holiday everyone imagines. Think white sand, turquoise water, iguanas lazily sunning themselves on the rocks outside your deck, canopy bed with mosquito netting, and a huge bathtub made out of a hollowed-out tree. We watched the moon come up over the deck in an outdoor tub, and stargazed on a suspended swinging-deck bed that allowed a clear view of the sky and ocean. We spent much of the week naked on the deck and were disinclined to move far off it (even to go the 20 meters to the beach) throughout our stay. The wind blows constantly from the sea, and the waves ranged from gentle to spectacular during the week-long visit. It would be an astounding place to be in a mild storm. It was that great feeling of wind over bare skin that makes tropical nudity so appealing.

Azulik is the perfect spot for eco-minded nudist honeymooners. Azulik does many weddings performed by Mayan holy men, and the ceremonies are absolutely unique. They are comfortable doing same-sex, and pagan weddings as well. While they hadn't done a nude wedding, Laura the wedding coordinator was open to the possibility.

In keeping with the green theme, you can rent a bike and easily cycle the four kilometers into Tulum for dinner or shopping. For pedestrians six restaurants and some stores make up the Boca Paila cluster where Azulik is located. The small hub of stores, hotels and restaurants gives you a sense of authentic Mexico and community, but is not

enough to disturb the tranquil feeling of being naked and private in your eco-hut.

Azulik resort took the eco theme seriously. In Mexico where litter is prevalent, the resort has recycling boxes (including one for batteries), located at regular intervals – and you needed to bring batteries. The downside of rooms with no power is that you had to set up your candles in advance of going for dinner, otherwise you returned to pioneer-like blackness. It is a way to get in touch with your circadian rhythm (we were in bed by 9 p.m. and up with the sun). We found the candle light too dim to read by, and would strongly recommend packing flashlights or head lamps for walking.

One of the most notable things about a movement towards more eco-understanding in the Yucatan is the appreciation of the native Mayan peoples. The Eco Tulum resort and the adjoining Mayan Spa had both a Shaman and holistic healer on staff. They use only organic products, and many of the treatments are done with natural plants picked from the spa garden just minutes before treatments. They are known throughout the area for their traditional Mayan Temascal (a native sweat lodge) that has been used for both healing and ritual purposes in Mexico for thousands of years. Throughout the Temascal, the Shaman used different herbs in conjunction with red-hot stones, misting, chanting and singing to cleanse the body and spirit. It is an interesting two-hour (or longer) process that is to leave you feeling re-born.

The municipality of Tulum has been putting in bike paths to encourage this form of transportation. Biking really is the way to get around the Tulum area. Bikes are for rent inexpensively all over. You can tour the Tulum ruins, or head off to discover one of the 3,000 cenotes (fresh-water sinkholes) in the area. Think of a limestone lagoon that opens up into underwater caves as part of the underground water table. Cenotes are all different, and the one we visited was like a small, deep lake filled with fish. It reminded us of swimming in a fish tank. We were able to snorkel, and see the entrance to the underwater caves that are so popular with divers.

In keeping with the eco-theme of this trip, we opted to go on the highly recommended Sian Ka'an community tour. This tour absolutely made our trip. Sian Ka'an is a protected natural reserve of 630,000 hectares that crosses traditional Mayan land and is now a UNESCO heritage site as well as a wildlife reserve.



Sian Ka'an Community Tours is an international success story. With the aid of a couple of non-profit NGO's (including Equator Initiatives) that help indigenous peoples with sustainable development, the Mayan community near the Sian Ka'an reserve got together and started a business giving tours. All of the money from this low cost tour (\$99 per person including lunch, snacks, park fees, and transportation) stays in the community. Our guide Alberto's English was impeccable and his knowledge outstanding.

Our seven-hour tour included a guided hike through secluded jungle ruins. It followed with an adventure into an underground Mayan passageway, built in 300 BC, where we got up close and personal with some fruit bats. We then went into the jungle on the Mayan reservation where we tasted edible roots, smelled copal bark, and burned dead termite mounds as a bug repellent. We climbed a 17-meter tower to observe all eight biospheres in the park before jumping into boats to reenact a 1000-year-old trade route crossing across crystal-clear lakes. After lunch we did a river float along a natural passageway through the grass savannah. We floated peacefully four kilometers an hour for a few kilometers at the edge of the mangrove trees – nursery to millions of baby fish. During our section of the river we saw vultures, a variety of multi-colored song birds, and countless tropical fish. We ended the day with a snorkeling trip to a nearby cenote with an opportunity to hand feed schools of fish.

Our eco holiday was affordable, personal, and left us feeling healthy (actually down a pound or two given the exercise and fresh foods). It was a great place to be naked, and an incredible place to recharge and be romantic. It's also a feel-good story as we left feeling we had connected to the people, culture, and land that is Tulum. ●

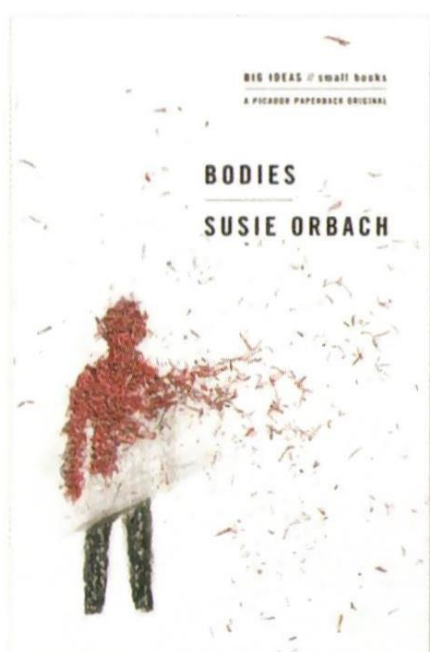


Rooms with a view

Sherry enjoyed her Azulik, Mexico visit in 2007.



UK-based Psychotherapist Susie Orbach is best known for her influential work *Fat is A Feminist Issue*, first published in 1978. In her latest book, *Bodies*, she argues that bodies are made not born, and warns that the body, as we know it, is in danger of extinction.



Bodies in a Nip and Tuck World

REVIEW
by Theresa O'Shea

I am addicted, I confess, to *Nip & Tuck*, the American TV series featuring the exploits and sexploits of dynamic cosmetic surgeon duo, Sean McNamara (Dylan Walsh) and Christian Troy (Julian McMahon). The program is about as politically incorrect as you can get. Christian will do anything for money or sex, while Sean makes a show of battling with his conscience. Regardless, when their prospective clients explain why they need to look like a cat, have collagen pumped into their child's lips, be made to look ten years older, or have a leg amputated to feel whole, they usually comply. It's a TV series, you say to yourself, it's about rich / neurotic Americans. It's just entertainment. It has nothing to do with me.

But it does! Firstly, all of the cases on *Nip & Tuck* are drawn from real life. Secondly, such extreme examples of body dissatisfaction must be seen as part of a wider continuum in post-modern society. In *Bodies*, Orbach recounts how over the last 30 years her consulting room has filled with patients suffering from body difficulties like bulimia, obesity and self-harming. Even when they come to her because of emo-

tional problems and conflicts, body unhappiness of some sort is nearly always presents. The body, she says, has become "unstable," "a site of dissatisfaction to be overcome," a "lifelong project," something that "we can, must, and should perfect."



Slaves to the knife

In such a climate, we see cosmetic surgery as our ally. Once the preserve of the rich and famous, now we can "all" be who or what we want to be. In California, girls get sweet-sixteen birthday boobs. Among their mothers it is vaginal rejuvenation that's all the rage. So commonplace is cosmetic surgery in Argentina that it is included in insurance policies, while in China young men and women pay a fortune for grue-

some leg-lengthening surgery. Beneath the hijab or not, in Iran everyone wants a Nicole Kidman "button nose" (35,000 nose jobs are performed there every year). In South Korea, double-eyelids are the most surgically sought must-have. "Soon," says Orbach, "people will ask you why you haven't remodeled your body as though it were a shameful old kitchen."

And it's not because we are fickle and it's not because we are vain. Rather, she argues, it's down to the relentlessness of our visual culture, to the power of the beauty industry and its allies, and to the way in which we are raised. Re-this last point, Orbach goes to great length to explain that when and how often we are stroked and held by our mothers and carers is crucial to the development of our own body sense.

Un-natural bodies

So much does the author insist on the prevalence of body shame and hatred today that you might think she was glorifying some mythical golden age of bodies. Not so. Naturists often use the word "natural" to describe the state of being naked, but Orbach is clearly right



Sam, a model's body

when she says that there is no such thing as a natural body. And it was ever thus. Whether we stick plates in our lips, lengthen our necks with rings, pierce our babies' ears, practice circumcision, bind our daughters' feet, choose elective caesareans or shave our pubic hair, "the body has always been an expression of a specific period, geographical, sexual, religious and cultural place."

What makes things different now is that decorating and reshaping the body is no longer linked to social ritual within the family. Rather, it is a response by an individual to produce what society has deemed an acceptable body – i.e., one that is thin and preferably tall, large-breasted and firm-bottomed (and for men, six-packed).

Visual onslaught

None of us like to think we're affected by the images that bombard us daily. But we are. That's how consumer society works. By creating needs and wants that can never be sated, by feeding on what the French philosopher Alain du Botton calls "status anxiety" (the name of a wry little book he has written on the subject). "Body anxiety" is very much part of this. We believe that we can just enjoy fashion and beauty, that it's fun to reinvent ourselves, but, Orbach argues, "...the constant exhortation to change gets under our skin." And we always find ourselves wanting.

It is true that photos have always been airbrushed and manipulated. It is also true that in the early-mid 20th century people were exposed to such images of glamorous film stars, on billboards and in magazines. But how can that compare to the sheer volume of digitally-enhanced media that surround us today? Media experts have worked out that we receive images of photo-shopped bodies a staggering 2000-5000 times a week.

One world, once body

What is really scary, says Orbach, is that thanks to the spread of globalization body variety is literally dying out, as fewer and fewer body types are regarded as desirable or acceptable. When Agbani Drego, a tall and slender Nigerian woman won Miss Universe in 2006, a dieting craze ensued among young Nigerians who now wanted to emulate what had previously been regarded as a "malnourished" look. Television only arrived in Fiji in 1995, but within three years 12 per cent of teenage girls vomited their food to try to achieve the western TV ideal. Those Chinese men and women submitting to painful leg lengthening operations do so in the hope that they will be considered more attractive and thus find better jobs and improve their social status.

In the global village everyone wants to belong. The promise is that if we can just get the 'right' body and the right look we can beat the inequalities of race and class.

Naturist bodies

How can we find peace once again in our bodies? Among the solutions Orbach suggests are by promoting response feeding and nurture among new parents, by prosecuting the diet industry for false advertising, and by expanding the variety of body sizes included in visual culture so they reflect the diversity of bodies that actually exist. It is a shame that she does not mention naturists or naturism, that she does not consider the body-positive role naturism might play in reversing the

slide to ever greater body unhappiness.

Are naturists less affected by body anxiety? I would like to think so. After all, naturism not only embraces and accepts but also celebrates different body types. Nonetheless, I stand in front of my bathroom mirror and regard myself critically. I notice the lines, the blemishes, and the fading smoothness. Should I spend more time on maintenance? I look at my vaguely-trimmed pubic hair. Should I just shave it all off like everyone else? We all do it, I'm sure. The difference is, perhaps, that when we get naked in the sun, we do so precisely because we feel good and comfortable and free. We are, as Orbach might put it, able to accept our bodies as "...a source of taken-for-granted pleasure and celebration."

Bye-bye body

At 145 pages, *Bodies* is only a short book, but it is packed with incisive insights, alarming statistics and thought-provoking arguments. Some may find the author's attack on the beauty and diet industries somewhat pedantic, but there is no denying the timeliness and importance of the ideas and theories that she discusses. She cannot be far wrong when she warns that with the huge growth of the cosmetic surgery industry and the advancements in cell technology and organ replacement, "We may well be the last generation to inhabit bodies which are familiar to us." A sobering thought.

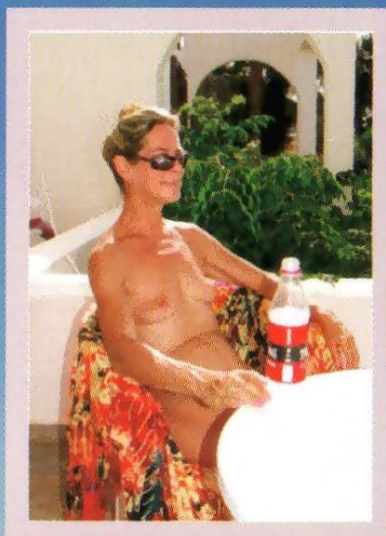
Bodies by Susie Orbach is published by Profile Books. ●



Happy Bodies

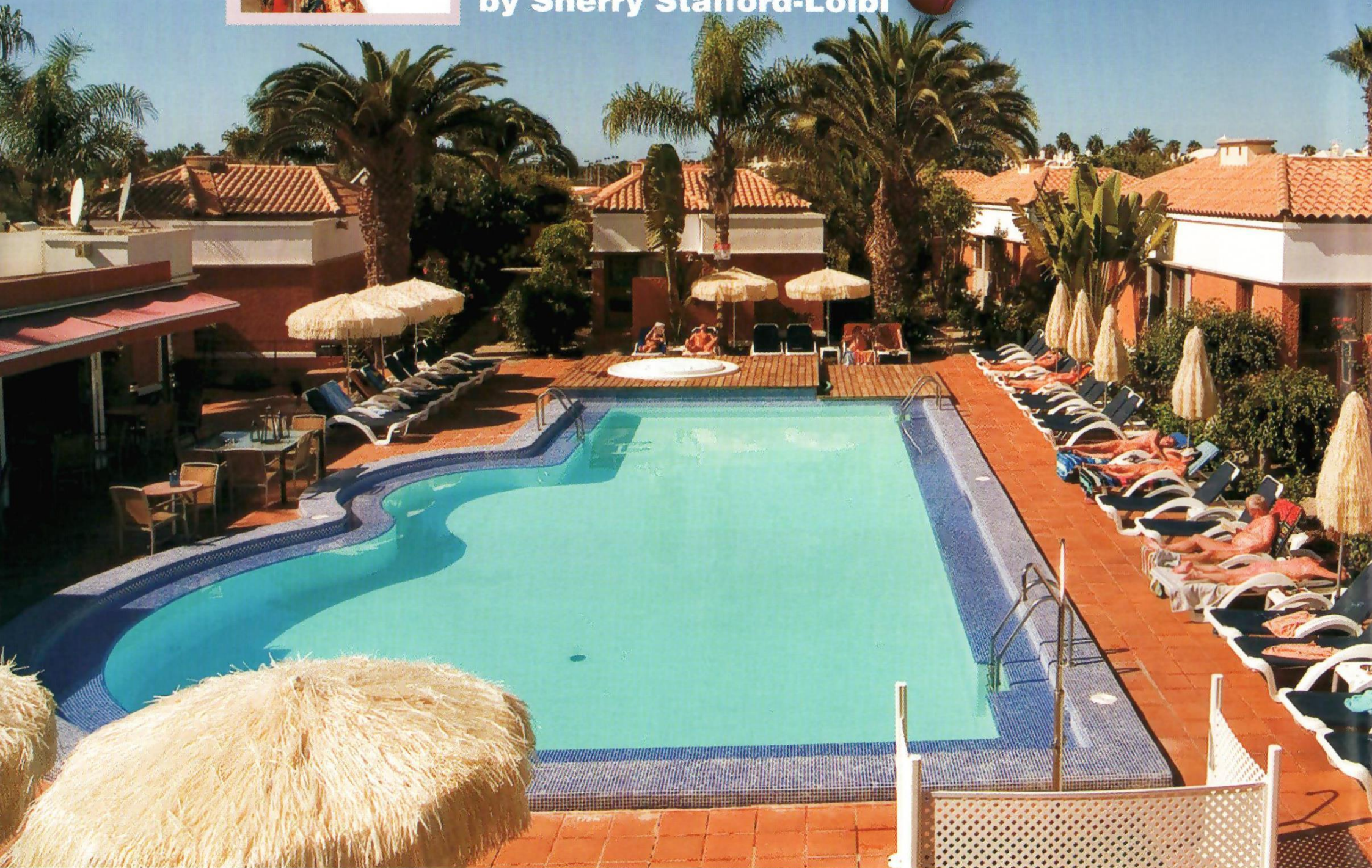
Bodies young and old.





Magnolias Natura

by Sherry Stafford-Loibl



How would you like to play in Sahara sand dunes at lunch-time, then sit in a lush tropical garden for dinner? When you visit Gran Canaria with us next winter, you will. Magnolias Natura is located on the southern end of the volcanic island, Gran Canaria, off the western African



coast. Sun shines daily, with spring-like temperatures on the coolest days; but we'll try to avoid those cooler days by traveling in early March. With 28 rooms on offer, you'll get to meet all the other guests around the pool or in the restaurant, where we will breakfast daily. Bern and I are leading a group there Saturday, March 12, 2011, departing Saturday, March 19, 2011, and invite you to join us! We have been advised that February is still a little chilly, and perhaps has a few more showers than we would experience in March, when the island bursts into even fuller bloom than you can imagine.

A 10-minute walk, or free bus service several times a day, gets you to the

sand dunes and beach. Playa del Ingles is Spanish for Englishman's beach, and is a very large, long beach with room for everyone. Textiles are on one end, nudists on the other. Sprinkled along the beach are refreshment stands and first aid stations, but no food. So we'll all chip in with fruits, cheeses, salami and crackers, etc. to have something to snack while soaking up the sun. The sand dunes are formed by Africa's Sahara Desert during wind storms. So, you get to enjoy the desert sands from another continent and the cooling breezes by the ocean – quite an extraordinary experience!

Of all the Canarian Islands, Gran Canaria is the lushest, with plenty of



Alice showers at Magnolias Natura in Parafotos' Alice's Naked Summer II

things to do. For instance, you could truly experience that Sahara Desert feeling on a camel-ride tour of the dunes and along the beach, where you will probably spot your nudist friends taking in the sun. I've never ridden a dromedary, but look forward to that adventure on this trip!

Bus service is grand on the island. There are several outings that might be of interest. On the eastern edge of the mountains, Guayadeque is a national park with breathtaking views, and lush green valleys filled with almond trees. However, the "barranco," or valley, is more known for its caves, most of which are in use either by farmers or other locals who have converted them into

homes. One such area has been carved into a village, complete with cobbled walkways, a church, bar, and street lamps – all from caves! Follow the road as it climbs up through this valley to find the restaurant "Tagoror," again a spectacular cave with space carved inside for more than a hundred in one sitting with more tables enjoying the spectacular views at the mouth of this cave. Tables and chairs are carved from thick oak trees and the food is excellent. Try the set menu (around €10 for 3-4 courses) for some superb, traditional Canarian food.

An aboriginal museum is located on the road from Maspalomas to San Bartolome and close to the village of

Fataga, Mundo Aborigen is best accessed by car. The No.1 bus service runs every 20 minutes from Puerto Rico. This is a museum, situated in a National Park that is supported by the Canarian Government. Aborigen World shows everything about the first inhabitants of the islands – the Gaunche. The aboriginal history has been recreated in the form of a village with a separate museum. You'll learn about their world of magic, religion and burial rites; see how they lived, their homes and farms. Various shows and demonstrations make this a fascinating day trip. There are also a restaurant, parking, souvenir shop and gardens.

Some prefer the underwater world, and we have a different kind of experi-



ence available on Gran Canaria. From the port of Mogán, to the east of Magnolias and reachable by bus, you journey to the sea floor in a yellow submarine! "Sinking times" are at 10:00, 11:00, 12:00, 13:00, 14:00, 15:30, 16:20 and 17:10 o'clock. Journeying to the bottom of the sea, the submarine has high-tech equipment that assures you won't end up staying down there! Eight voyages daily, seven days a week.

Skydiving is something I haven't tried yet, but then, I'm not going to. You don't need any experience or medical certificates, and only 15 minutes of training as all jumps are tandem jumps with a qualified (certified!) instructor. A 20-minute flight takes you to 12,000 ft where you freefall to 4,500 ft before the parachute will (hopefully) open. Parachutes are equipped with "Cypress-Hightech-Emergency release systems to help make everything extra safe." Jumps are daily, except Mondays, and the whole thing can be either filmed or photographed for you.

Now, this outing has my name on it... El Salobre Canyon Horse Farm – called "The Black Horse." The tour

starts at the ranch and takes you through the surrounding countryside for 90 minutes. Spectacular, Canarian scenery and amazing views over Maspalomas, are the highlight. There's some free lounge time around the ranch upon return, or a dive into the pool! Lunch on the ranch, and then back to Magnolias Natura by around 14:30 - 15:00 o'clock. For inexperienced riders there's an easy one-hour tour, while the more experienced riders go through the countryside on a more challenging route through the woods and a little into the mountains. There are riding routes of 60 minutes, and 90 minutes for €22-50 including lunch and swimming.

We can't forget our other underwater world – SCUBA. The diving center is located in the Europa Center in Puerto Rico in the south of the island of Gran Canaria and can be reached easily by bus. From here we have access to all the best diving the island has to offer. They are based in Puerto Rico but offer free pickups from Playa del Ingles and Maspalomas, so getting outfitted won't be a problem.

Another adventure will be checking

out local nightlife and restaurants! We shall enjoy our stay at Magnolias Natura, on a half-board basis every other night. So dinner is included the first night, we'll explore and eat out on Sunday night. Magnolias will feed us dinner Monday night, and Tuesday evening we'll explore... you get the idea! Those content to stay near the pool and their new friends can dine at Magnolias for an additional charge.

The rooms are large – plenty of space to spread out our suitcases and collect souvenirs. Each unit includes a kitchen with fridge for those late-night snacks!

You've read now that there are a number of excursions to enjoy. You can see the picture of a lovely pool awaiting your exploration at Magnolias Natura, and your happy hosts, Bern and Sherry, can't wait to share with you this exotic island for our winter break. We just have to be patient through February, so we get the warmer temperatures and the lush glory of the island in March. Sign-up sheets are available now.

Call Sherry at 973-697-8099 today! ●



PHOTO – GOOGLE EARTH



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MAGNOLIAS NATURA SIGN-UP SHEET March 12 – March 19, 2011

Cost per Single: \$996.00

Cost per Couple: \$1,110.00

Plus airfare to LPA (Las Palmas airport) We will arrange at no additional charge, or you may arrange. Ask about reserving a naturist apartment on Fuerteventura or Lanzarote for an additional week in the Canarie Islands! We would visit during our tour, but ferry time is prohibitive.

Excursions you might want: (please insert a 1 or a 2 so we get a head count!)

- _____ Camel Ride on the Dunes
- _____ Cave City Exploration
- _____ Sky Diving
- _____ Horseback Riding

SCUBA diving, outfitting & certifications priced on arrival, at the SCUBA shop.

What's Included

Emergency Medical/Dental (group of 10)
Spacious Room w/Kitchen
Breakfast Daily, Dinner 4 nights
Airport Transfers
Scheduled Transportation to/from the beach
Happy Travelers!

What's Not Included

Airfare
Dinner 3 nights
Excursions
Alcoholic Beverages
Beach Snacks
Passport fees

Trip Reservation & Credit Card Authorization Sheet

Name(s) _____

Address: _____

Phone: _____ E-mail: _____

I hereby authorize Internaturally Travel to charge (circle one) \$996 or \$1,110 for travel to Gran Canaria's Magnolia Natura Resort stay March 12-19, 2011 to my Visa/MasterCard

Number: _____ Expiring: _____

AVS (last 3 digits on back): _____ My card is billed to the address above.

If not, this is the billing address: _____

Your signature _____ Date: _____

Name: _____ Passport#: _____

Name: _____ Passport#: _____



Magnolias Natura

*Play in Sahara sand dunes at lunchtime, then sit in a lush tropical garden for dinner
when you join us in Gran Canaria, Canary Islands...*

March 12 – March 19, 2011



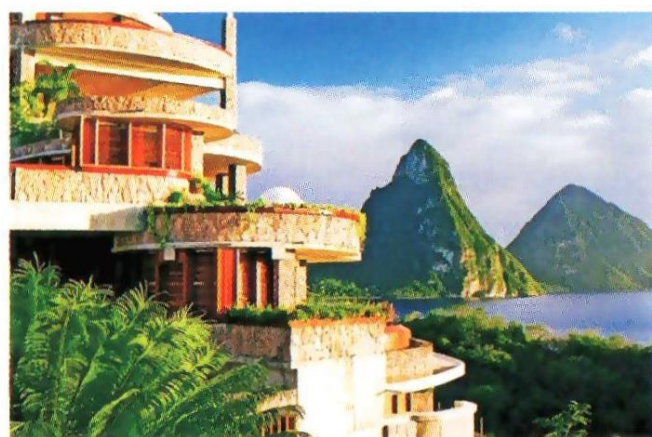


Our top nine adult-only resorts in the Caribbean for reconnecting

by **Sue McGarvie and Blaik Spratt**
Clinical Relationship Therapists, Romance Travel Writers

January in Canada means hockey, snow, and day-dreaming about a romantic holiday to the Caribbean. You may think such a holiday is a self-indulgent luxury, but the new research by Dr. Terri Orbuch at Oakland University in Michigan finds that taking an adult vacation is an essential part of great marriages. She spent the last 22 years researching more than 350 married couples and found that couples who take time to get away together, and have unencumbered time (time when nothing is planned, nothing is programmed) have the strongest bonds. It is the single best thing you can do for your marriage.

So where are the best places to go to get the couples-only adult vacation you are fantasizing about? In keeping with this new research, we've come up with the top nine of our most recommended adult-only destinations (from tame to spicy). Prices for these destinations vary from \$1,000 - \$10,000 per person per week (air fares included). There are various travel groups that go to some of these destinations in large numbers and get great deals. We recommend you research the destination and use the links to the travel groups that frequent them.



Jade Mountain, St. Lucia

Jade Mountain is a one-of-a-kind resort on the west side of St. Lucia, near Soufriere, the site of the World Heritage Piton Mountains. Partnered with its sister resort Anse Chastanet, we discovered that it's all about beauty, nature, modern art, and a blending of architecture into jaw-dropping scenery. All this with truly exceptional gourmet food and service, Jade Mountain propels relaxation to the highest level in an adult-only resort.

The rooms (or sanctuaries as they are called) are self contained units that come with everything you need to relax (no television, phone or radio). The sanctuary does have its own tranquil infinity pool in the three sided rooms, which means you have the best of living both inside and outside for your entire stay. (Author's note: The sanctuaries are rectangular with no outside wall. That means open air in all the rooms, dining and common areas. It is a very different concept, and one of the few places in the world that has limited bugs, very few mountainous creepy or slithering things, warm weather, offers reasonable shelter from hurricanes and tropical storms and is relatively crime-free and difficult to

access along the mountain-side. Think tropical camping with decadent comfort and push of a button service. The sanctuaries really do have to be seen to be believed.)

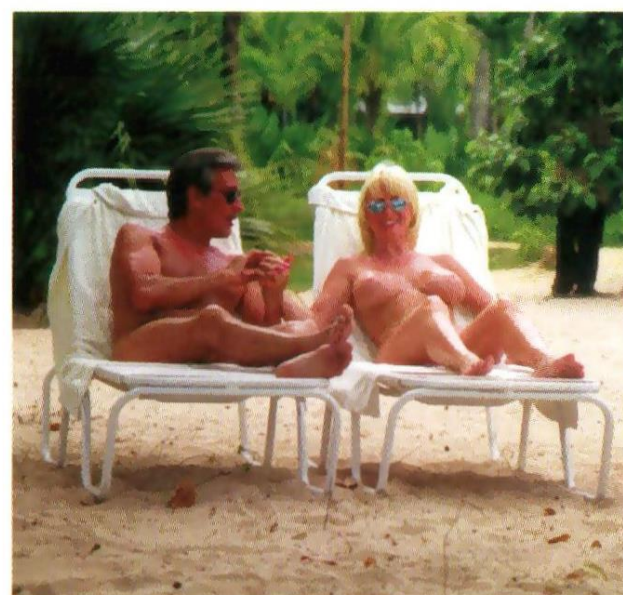
As therapists, we've long believed that adventure leads to connection within a relationship. Anything that gets your adrenaline pumping together will bond you as a couple. One of the driving reasons to visit Jade Mountain is the duality it offers. At Jade Mountain there is the aforementioned complete tranquility of the sanctuaries, as well as the opportunity to take in couple adventures off the resort. We went zip lining, and during that tour had a quick lesson in the growing of bananas, bay leaves and cinnamon. We checked out the historic town of Soufriere. Other adventure couples took in the whale watching, rum tours, volcano hiking, and ocean kayaking.

With all of these amenities, Jade Mountain firmly falls into the highest end romance resort destination and may be the place to try this year.

Couples, Jamaica

Couples Swept Away is a spectacular all-inclusive resort in the middle of Negril's famous 7-mile beach, and is one of the four Couples resorts in Jamaica. They are all adult only resorts, and are known for their emphasis on magical, romantic vacations. Couples is a mixture of wellness and decadence set on some of the best beaches in all the Caribbean. Complete with the requisite white sand, turquoise water, hot weather and starry nights.

Couples is traditional but open-minded. Three of the Couples locations have private nude beaches on property- or in the case of the



Couples resort at Ocho Rios – a completely nude island. Couples Swept Away doesn't have a nude section, but the Negril beach has been known since the 60s for tolerance to being topless.

The Couples resorts seem to have a mandate to emphasize romance in all forms, and they work hard to convince you to fall in love, propose, get married, honeymoon and spend your anniversaries there. They take romance seriously. Their goal is to make you feel all that eye-gazing, pit of the stomach stuff that lovers rarely get a chance to experience between the kids, laundry and work deadlines. Think rose petals on the beds, chocolate fountains, and spectacular sunsets.



Ladera, St. Lucia

Ladera Resort in St. Lucia is one of the best rated in the Caribbean for overall romance. It is ranked on Caribbean travel and Life's top ten most romantic resort lists, and was the "Number One" hotel in the world in 2005 as reported by *Conde Nast Traveler* magazine. The resort is located in Soufriere, one of the most picturesque parts of St. Lucia, and maybe of the Caribbean. Similar to that of Jade Mountain, Ladera is known for their open-aided rooms, complete with their own individual splash pools in the rooms. Ladera also has two- and three-room villas that friends can share to bring down the costs. Ladera is closest to the famed volcanic hot springs and mineral baths, originally built in 1785 and rumored to have been used by Napoleon's Empress Josephine. The baths are reputed to cure everything from arthritis to digestive afflictions. Ladera has its own small mineral baths adjoining their spa, and given the peaceful rooms and emphasis on health, Ladera is a great choice for relaxation and bonding.



Coconut Bay, St. Lucia

Coconut Bay describes itself as “two worlds in one.” It is a dual resort – a family resort on one side, and a huge, private, adult-only area called Harmony on the other. Harmony was designed for couples seeking romance and relaxation as there are intimate cabana beds, hammocks, a very social pool bar, and lots and lots of beach to spread out and find solitude on. It is also home to the Kai Mer Spa, one of the biggest full-service spas we’ve found anywhere in the Caribbean. With outdoor (but private) showers for two, secluded couples massages, and well trained estheticians (body snatched from the destination spas in the north part of the island), the spa was terrific and well worth trying. Coconut Bay also emphasizes the adventure side of couples’ getaways. There is a new paintball course and go-cart track (currently under construction), mountain biking, scuba diving, ziplining, and parasailing nearby. All of this is available for couples who want the duality of relaxing quietly with a well-attended pool bar and then stepping out of their comfort zones with exciting adventures.



Breezes Grand Negril, Jamaica

There are nine Breezes resorts as part of the Superclubs group. We liked the Grand Negril resort best as it is on one of the top beaches in the world. The resort reminded us of a stereotypical grand southern lady; well appointed, gracious, classic, and understated. It is a more traditional resort. Think quiet refinement of the grounds, sumptuous food, and sophistication of the other guests.

Given the polish that is Breezes Grand Negril (classic and elegance really are the words we would use to describe it), what’s really interesting about Breezes is its slightly flirty feel. Between the oversized drinks, the activity staff that greet you with a wink and a smile, and the fact that some of the beach is clothing-optional, Breezes feels decidedly

grown up. Many guests we met had started on the huge regular beach, and had migrated to taking off their wet, sandy and uncomfortable suits over the years. We often say that taking your bathing suit off is the second hardest thing you’ll do on vacation. The hardest thing is putting it back on. The resort didn’t have a sexual feel, just a relaxed openness about it that was nonchalant and accepting. Many had made great friends there over the years as clothing-optional bars, pools and hot tubs lend themselves well to starting conversations with strangers. Nudity really does lend itself to openness.

Breezes Grand Negril is set on a spectacular coastline. The turquoise water that stays shallow for a good distance offers world-class snorkeling right off the beach, which can be hard to find at a resort of Breezes’ quality. We saw hundreds of multi-colored fish, rays, beautiful fan coral, and even an octopus within sight of the resort. Elegant, serene, and with a spectacular beach would best describe the Breezes Grand Negril.



Temptations, Los Cabos Mexico, Cancun, Mexico

Like their names, both of the Temptations resorts are the riskier, saucier version of the larger, more family oriented resorts along the infamous strip in Cancun and the tourist area of Los Cabos, Mexico. They are flirty places, but they maintain a sense of decorum in a fun way. Temptations is known for its raucous activity staff, who are always looking to engage guests in fun and energetic beach and pool parties. Typical events such as beach volleyball, water polo and salsa dancing lessons were popular. So were the water balloon fights and sensuous fitness, where women learn the basics of pole, chair and lap dancing. They have a game of tequila pool volleyball, where whoever flubs the ball takes a swig right out of the bottle. The Friday game we saw had everyone hang their bathing suits on the net and it left the entire pool filled with naked bodies. Finally, evening entertainment includes live bands, lingerie shows, sexy Latin dancing, and body shots before the busses take guests still raring to go up the road to Coco Bongo’s (Cancun) for more late-night revelry. The activities are only slightly risqué and stop before that invisible comfort line is crossed. They could be easily avoided if that isn’t your thing. Everyone has a choice as to whether they participate. Empty nesters

gone wild are the best words to describe Temptations.



Club Fantastico, St. Martin

If you would like to try a safe, fun and slightly exotic walk on the wilder side of life, Club Fantastico may be right for you. Located on the French side of the half French, half Dutch island of St. Martin, it is a quaint little villa-style hotel that allows you to be clothes free all the time. It is cozy, friendly and easy to enjoy. You can stay on the property and enjoy the pools and bars (all au naturel) or you can venture to nearby Orient Beach and blend into the multitude of naked bodies all lounging on a mile of white sand. If you go the beach route, the hotel will provide towels, chairs and umbrellas for you to take. They will even pack you a lunch! Either way, you are anonymous, away from home and can either tell your friends that you actually did it or simply keep it as a secret between you. The food in St. Martin is worth the trip all by itself. The nearby village of Grand Case is renowned for its fine cuisine and the island is safe to drive around, so you can be adventurous. Even the food served at the many beachside restaurants will have your mouth watering. For the more romantic, any one of the many local corner stores will have fresh baguette, cheese, fruit and a fine bottle of French wine for sale, rather inexpensively. This makes a memorable meal on its own. The Dutch side of the island features many Casinos for those so inclined. Club Fantastico also offers weekly nude cruises to nearby islands. Just slightly naughty but sure to bring a huge smile to your face. Once you try the Orient Bay area of St. Martin, you become hooked for life.



Hedonism, Jamaica

Forget what you’ve read about Hedo in *Playboy*, or the myth of it being a sexually aggressive place. The words we would use

to describe the two Hedonism resorts are silly, zany, relaxing, casual, outrageous, sensual, saucy and friendly. Clearly, some of the legends are no more than wishful thinking. Nobody jumps you, and it isn't a place to go trolling for sex. You would probably have more luck at a nightclub. However, Hedonism is still home for an open-minded and adventurous crowd who are very comfortable in their own skins (with or without clothes). And in the wee hours of the morning at the nude pool, there is social interaction for those seeking it. It should also be noted that different groups (including lifestyle groups) take over large portions of the resort during set weeks of the year. You should check online to see who will be there before you book.

There are two large resorts, the 28-year-old Hedo II in Negril (we were there during their anniversary week at the end of October), and the newer, nine-year-old Hedo III in Runaway Bay, about a three-hours drive apart from each other. They have almost the same amenities, and similar clientele. They both have a 40% return of guests (unheard of loyalty for a resort, so those who love it, love it again and again), but if you have guests returning for over 28 years, they tend to now be in the 45 to 65 age group. Going to Hedonism was the closest thing we've experienced as an adult to re-creating that community feel of laugh-out-loud fun of camp. Only instead of mystery meat in the dining hall, and outhouses with flashlights, Hedonism offers spectacular sunsets, unlimited perfect banana daiquiris, hot tubs, cabaret shows, and sensuous spa massages.



Desire Resort, Riviera Maya, Mexico

Described as an elegant and exclusive, clothing-optional, couples-only resort, Desire is an adult-only, 114 room secluded resort somewhat off the beaten path. It's what we call sensuously open, but more upscale than the party atmosphere of Hedonism. The resort is situated on a strip of Mexico's typically breathtaking beach, complete with white sand and warm, turquoise water. The beach area includes 40 canopied beach beds (complete with drink-providing waitresses and cabana boys) situated along the edge of the water. These

beds are the ultimate in decadent beach relaxation.

Desire is clothing-optional, as opposed to nude meaning that bathing suits are seen, but the majority of the couples were either nude or topless throughout the day. They had typical resort games such as water polo and beach volleyball taking place (nude volleyball is always an interesting eyeful) along with far more sexual ones, such as the chocolate eating contest (where two couples compete to see who can drizzle and eat the most chocolate and whipped cream off their partners). Nobody was pressured to participate. The tone was entertaining and playful during the day, rather than sexual, and the evening theme was more erotic, rather than smacking of blatant sex. The activity staff was relaxed, but enthusiastic and did their best to be inclusive of everyone interested in participating, and respectful of those who wanted to read quietly, or simply lounge on the beach,

But it is one of the very few places that tolerate what we call upscale sexual encounters done with taste.

On the whole Desire really is what you make it. Elegant, upscale, quietly naked and romantic, or with late night happenings, disco dancing, and hut tubbing along with 50 new friends and sexual adventures under the stars. ●

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The sun, the surf, an intensely blue sky, rolling eddying sands augmented by lapping waves, glisten brightly amongst a sea of naked sun worshipping naturists. All ages, sizes, shapes, colors, and creeds, enjoy whole, unabashed, unashamed human interaction. Humans from all across this beautiful blue and green sphere, where we all co-exist together, gather to hear the thunder of the mighty drums and a host of other exotic instruments from around the planet. How magical! To be a part of this event is remarkable indeed.

Dancing, jumping, gyrating, hop-

ping naked bodies surround the fantastic array of talented musicians, bent on pleasing the Sunday crowd of visitors and locals alike, to the fullest. Parents with their children meander across the warm sands; each child harboring a bag filled with the precious cargo needed to create the castle of their dreams on the ever-changing sandy beach. Small and large groups, couples and singles all vie for a cozy patch near the musicians, so neatly placed under what

we here call "the tree of life." It's the only one on the beach. Crowds

Sunday is FunDay at Maui's "Little Beach"

by P Sherman





can number from 350 to over 500 on any given Sunday.

At the end of this winter, as with years past, came the majestic hump-back whales. Drawn close by the rhythmic drumming, the monstrous behemoths rose from the depths of the dark abyss they call home, beneath the shimmering relentless rolling waves of the Pacific Ocean. Amid the chanting and music, they gather together to bid the Mauians "peace" and "aloha" for the summer, by playing frolicking, and showing off both awesome and incredible breaching displays. Naked beach humanity admires their show. Hence, instinct beacons them to begin the long summer saga to the northern seas with their newborn children of the sea, where an abundant supply of healthy treats and food await their arrival. "God speed; may He protect and keep you out of harms way on your unprecedented journey" we say.

As sunset approaches, the rhythmic tones, sounds, and chanting intensify as we witness the setting of our celestial ball of fiery plasma as it sinks beneath the dancing waves that lie before us. The aroma of incense from mystical regions afar, permeates and mesmerizes our senses. It secretes purity, essence, and the underlying dream to be a part of the "whole" from our innermost selves. From the hill behind us a descending veil, laced with shadowy hues of ultraviolet purple and dark cobalt blue hovers a few brief moments, then, without warning, it explodes before our very eyes. Uncountable billions of shining, pulsating stars, spiraling galaxies, and surely, the unknown realms of time and space itself, surround and cloak us. Its beauty beckons; "look up!"

The Universe, the whole, the one, and you! Humbled by its immensity, chilled by its forbidden eternal darkness, awed by the vast voids that separate all the mighty solar intergalactic rays...intimidated by its intense complexity that we all strive so hard to grasp and understand. Fiery flashes of light from the heavens above pierce the eyes and stoke the imagination of young and old alike as they stand naked before this unparalleled spectacle of the cosmos. From bluish gray coveted shadows emerge the fire dancers. The now wide open eyes reflect the fiery entrance trail of searing dancing flames. Chrome yellow, flashing orange, and crimson red flicker upon the enlightened faces of those in attendance. Daring, bold, exhilarating, dynamic, this is a surreal scene, sure to take your breath away.



The earth, wind, fire, the sea, and the forbidding darkness of space are surrounding us as we end our evening of celebrating the sun. As we contemplate our universe and take time to ourselves, we hope to understand more fully who we are as a species, and where our desti-

nies will lead us. Maybe we'll enjoy a clothes-free society? Who knows? But for now, we embrace and enjoy the esteemed pleasures of naturism in paradise at this very special and unique place on Maui, called Little Beach. Come join us! Aloha. ●

The Cuban Oasis

by Luke Maguire Armstrong



Anyone who has ever traveled across a desert and come to an oasis understands the dreamlike form an oasis takes. It is an eerie feeling. Surrounded by scorching sands, such green abundance seems alien. Yet somehow, even in the world's most lifeless places, life finds a way to flourish. One of Cuba's few nude beaches, Cayo Largo, as featured in the Beachboys' song Kokomo, prompts a similar reaction as an oasis of freedom in a country dominated by oppressive politics.

The reality of daily life in Cuba became apparent as soon as I walked off the plane. The official searching my bag sensed something suspicious about its contents and I was rushed off to a backroom for questioning.

"Why have you come to Cuba?" The no-nonsense official asked me with the contents of my bag dumped out in

front of him. I was sitting in a room straight out of CSI, and was enthralled at the adventure of it, until I realized that I was not in Kansas anymore and that a wrong answer could send me back the way I came. "I'm here for tourism," I half-lied in rebuttal.

What caused all the commotion was that the agent discovered that I was carrying ten copies of the same book into Cuba. The word "propaganda" was being turned around in the official's head. Frowning, he



thumbed through the books, his eyes darting over words written in a language he clearly did not understand.

The books were not propaganda. They were poetry books written by my grandmother. She had just passed away after a long battle with cancer. We had been close. It was one of her lost lifelong dreams to visit Cuba. Since she now could never come in person, I decided to bring the most palpable part of her—her poetry. My plan was simple and sincere. I would go into libraries and bookstores across the country, and in each, leave one of her books of poetry.

After plenty of fuss, the official came to the conclusion that neither I nor my books were a threat. I was allowed entrance into Cuba. Here I found myself surrounded by history and beauty in the company of a vibrant culture with a joy for life, in spite of living with very few personal freedoms. Walking the Hemingway haunts of Havana, I agreed with Columbus when he claimed that Cuba was “The most beautiful land that human eyes have ever seen.”

On the surface, the Cubans lead an idyllic and peaceful life, enjoying a beautiful land and climate and the security of a crime rate near zero. But it does not take much digging to see the true realities of life in Cuba.

Talking to people seemed therapeutic as they shared their frequent frustrations with their government. It was in one such conversation that

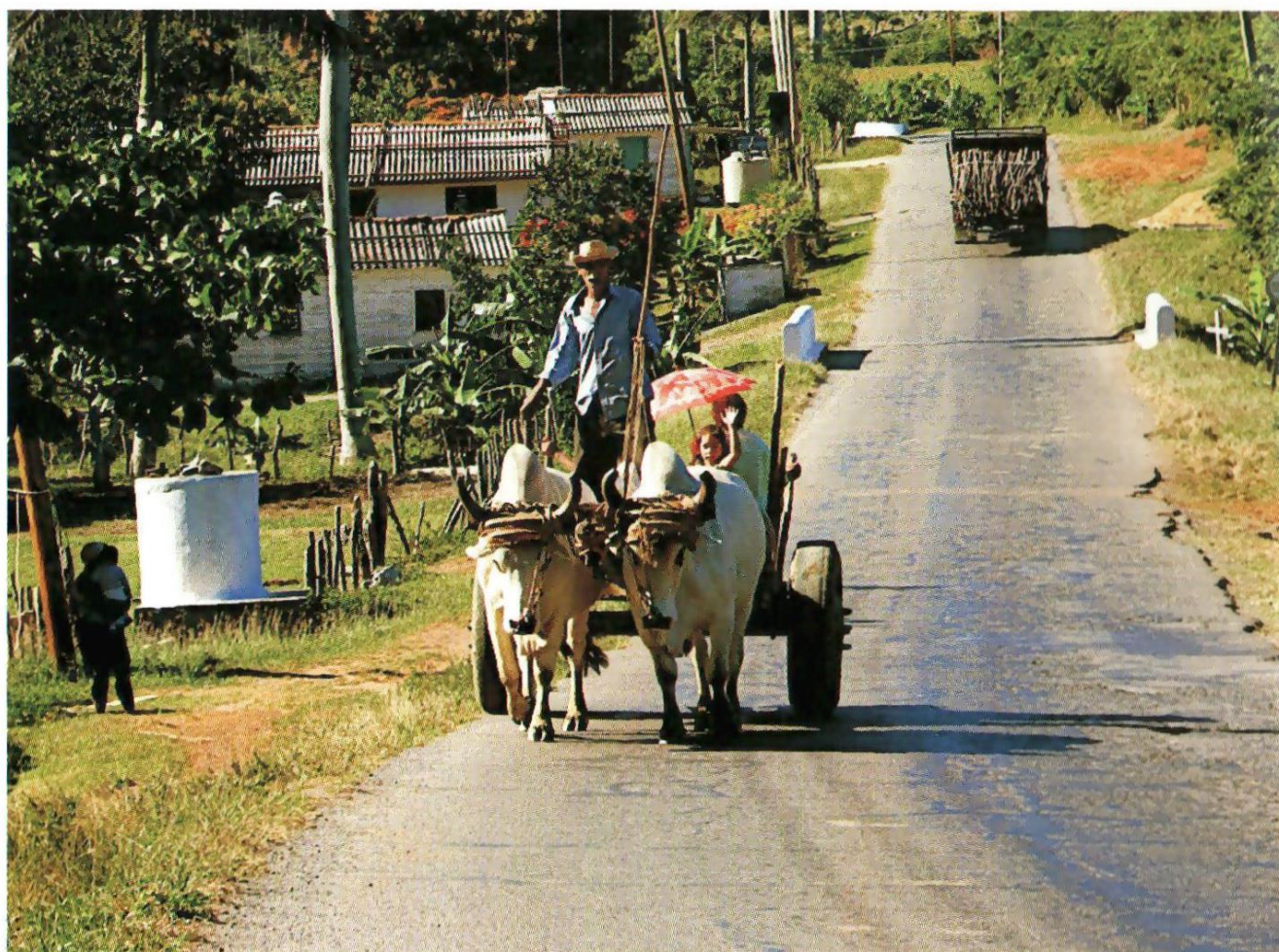
I first heard of Cayo Largo from the disenfranchised lips of a fisherman.

During my first week, on a stretch of beach east of Havana, I hid my cloths in a bush and enjoyed the feeling of fresh surf playfully pushing me towards the shore as I swam underneath a smiling sun. The water was refreshing and the day perfect.

Luis was sitting on the beach when I returned from the sea. He was drinking a beer and offered one to me, so I sat down and drank it with him. I asked him about his country and at first he lathered his homeland with praise. He spoke proudly of the 60,000 medical students who come from all over the world to study in Cuba and of the 3,000 Cuban doctors who volunteer abroad (more than any other country in the world).

But as the conversation progressed Luis began to open up and speak his mind. “I would take you fishing,” he said, “But without a permit to have tourists on my boat, I could lose my boat and even go to jail.”

Once he started, the realities he faced



in Cuba began to pour freely; “There’s only one person who can have an idea in this country!” he burst out pantomiming a beard. “I fish,” he continued, “but I can’t sell my fish. A farmer can’t even sell or eat his own cow. We can’t travel even in our own country? What do you call that?” He asked me. “I call that slavery,” he said answering his own question.

Luis was then silent and he looked despondently towards the horizon. At 57, he was exactly as I imagined Hemingway’s fisherman in *The Old Man and the*

it is leagues ahead of the rest of Cuba when it comes to freedom. What Cayo Largo is, is one of the few places in Cuba where the country’s vibrant spirit is allowed to flourish with less fear that someone is looking over their shoulders ready to turn them in. The beaches are clothing-optional and people can be as free as their spirit desires. It is visited by seasoned naturists, and also by curious optimists shedding their suits for the first time in the warm Caribbean waters.

Contemplating this, I realized that my guidebook had it backwards. This was the real

Cuba. The other Cuba — Luis’s Cuba — was not the natural state of affairs.

Anyone who has traveled to Cuba will readily tell you the warmth of the people. They live with few personal freedoms, yet a spirit of community unites them through bonds of kindness. In places like Cayo Largo, this spirit finds fertile soil and is able to blossom. Cayo Largo is like a flower blooming in a desert oasis. The desert is not any less real because of the blossom, but it is more beautiful for it. When I left Cuba, I had found a fitting farewell to my grandmother, and also some insight into the human spirit and the freedom it yearns for and the bliss it experiences when it finds it. ●

Luke Maguire Armstrong just had a book of poetry come out on Amazon — iPoems for the Dolphins to Click Home About [Paperback]. Although none of the poems deal specifically with naturism, its themes of mutual acceptance and sincerely seeking will strike a chord with naturists.



“If you want to see the real Cuba, go see Cayo Largo.”

Sea—aging and unsatisfied. The sun was starting its descent to night. Finally he turned to me and said, “If you want to see the real Cuba, go see Cayo Largo.”

The conversation with Luis stuck with me. Later that night when I returned to my Casa Particular in Havana I looked up Cayo Largo in my *Lonely Planet* guide book and found that it described it in the opposite way Luis had described it. It spoke of woman sunbathing topless, and of locals able to lead their lives outside of some of the trials faced by many Cubans and make a decent wage from tourist dollars. What Cayo Largo is not, is Cuba, my guidebook proclaimed.

I continued to contemplate what Luis had said and why my guidebook painted the opposite picture. During my stay in Cuba, I met other travelers who had visited Cayo Largo and fell in love with the beach. They told tales of their love for Cuba, and more often than not, Cayo Largo ranked as their favorite.

Cayo Largo certainly is no utopia, but

The land intended for Cambium

Cambium

Discover life close to nature all year round

Cambium is a new rural village, which is to be developed in the tropical warmth of the Dominican Republic, specifically for living within holistic guidelines without the need to wear clothes.

Our aim is to create a healthy, wholesome and comfortable life with the minimum of stress, as much fun as possible and a sane financial equilibrium. The territory consists of a large tract of farmland just inland from the north coast of the island. The property has areas of mature tropical woodland, open fields and beautiful dells. Elevated parts of the land have magnificent views of the blue Atlantic and catch the trade wind breezes.

Plots are available for sale, where investors like you will build their own houses. A 100 room naturist hotel will be constructed together with facilities available for the use of residents and visitors, including shop(s), restaurant(s), bar(s), swimming pools, tennis courts, theatre, library, presentation rooms, clinics, gym, horse riding and others. Full time staff will ensure the smooth running, safety and maintenance of the hotel and surrounding facilities. There will also be a campsite, which is believed to be the first naturist camping ground in the Dominican Republic.

Beautiful unspoilt, palm lined, sandy beaches are just a 10 minute drive away and the local towns and villages provide plenty of shops, banks, health care facilities and opportunities for work and recreation.

What happens there?

Many of the people who live at Cambium will work within the village, at their own trades or toward the holistic, educational and holiday initiatives of the centre. There will be many visitors who come to rest, expand their consciousness, improve their health and pass on a positive response to their friends and family.

Parts of the land will be reserved for organic farming, which will take full advantage of the superb growing conditions to cultivate a wide range of fruit and vegetables as well as livestock for the consumption of residents and visitors.



Visitors will be encouraged to plant a tree as a lasting reminder of their time there and a contribution to the sustaining of the eco structure.

www.cambiumbene.com



Tranquillity near Las Terrenas

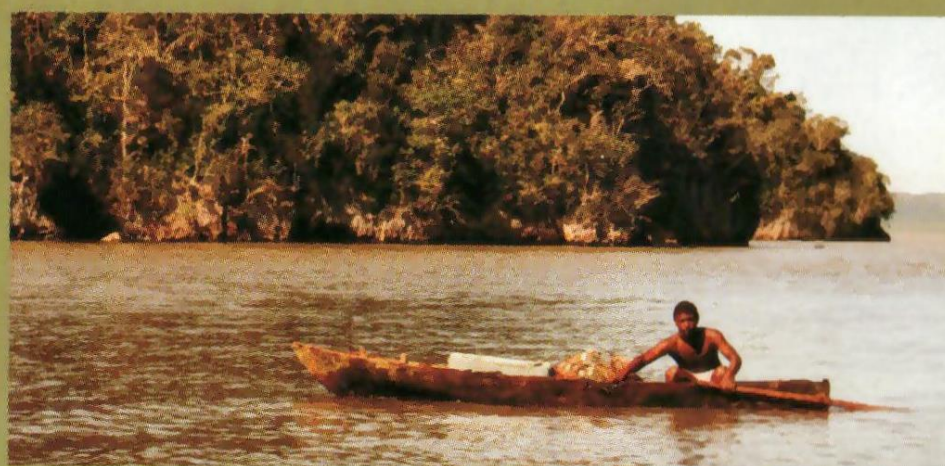
A program of events will be maintained throughout the year to entertain and inform, including demonstrations and conferences, music, plays, lectures and health promoting activities led by experts in their fields. We aim to provide the availability of as many as possible of the following holistic modalities within the community, supported by residents who are knowledgeable practitioners themselves.

Acupressure	Acupuncture
Alexander Technique	Kinesiology
Aromatherapy	Art Therapy
Ayurvedic Medicine	Naturopathy
Bowen Technique	Chinese Herbal Medicine
Chiropractic	Pilates
Counselling	Drama Therapy
Dream Therapy	Reiki
Exercise	Vortex healing
Herbal Medicine	Tai Chi
Homeopathy	Hydrotherapy
Hypnotherapy	Yoga
Indian Head massage	Swimming Therapy
Play Therapy	Reflexology
Massage Therapy	Music Therapy
Stress Management	Iridology
Nutritional Therapy	Osteopathy
Transcendental Meditation	Healing

We hope all who are touched by Cambium will love their free and easy time there and be enlivened, delighted and reassured by a liaison between man and nature that is sustainable and respectful.

Why the Dominican Republic?

The DR was chosen because it meets so many of the requirements of Cambium. First and foremost, it has a year-round tropical climate with daytime temperatures ranging between 28°C and 32°C (83°F and 89°F). This guarantees that there is no winter period during which naturism cannot be enjoyed. There is an acceptable balance between the rainfall required to keep the place green and the sun required to make it pleasant to live in. Many other tropical countries are so wet that it is a challenge to live there. It is also blessed with beautiful countryside, much of which is still available to buy at reasonable prices. The government is a stable democracy and the president has recently been re-elected for a second term because the population has appreciated his performance. The DR also boasts a wide range of natural attractions such as gorgeous beaches, jungle, waterfalls, national parks, mountains and even desert. It would take a long time to exhaust the expedition potential of the country.



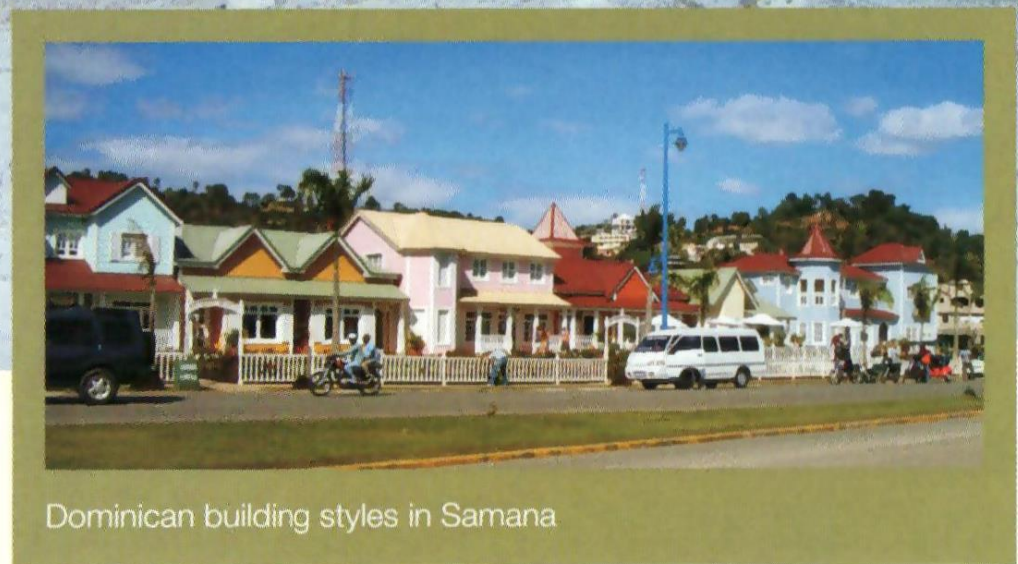
Prawn fisherman off Haitises National Park



Eco friendly house

Land parcels available

The plots available for purchase with a 99 year lease come in a range of sizes, and locations which should meet the variety of preferences that will be found amongst our investors. Some have an ocean view and more breeze, others are more sheltered, others contain trees and there are aspects toward the sun that should suit all takers. There are two benefits of being an earlier investor. Firstly you get the best choice of plots and secondly you invest at lower prices. Prices to new investors will increase with each phase of development. A quarter acre plot is currently priced at less than the cost of a modest car. Please contact us for precise figures and volume discounts. The establishment of the community on its own will significantly increase the value of your plot. The development of your own home will obviously increase it even further.



Dominican building styles in Samana

Housing choices

The building and planning regulations of the DR are not onerous. The two rules that will affect residents are that no house may be taller than 11 metres (the alleged height of a palm tree) and the population density is limited. The latter only applies to blocks of flats and urban developments. Therefore any style of house that fits your budget and taste, provided that it does not conflict with the holistic aims of Cambium, can be built on your property.

Plenty of ventilation and spacious verandas are very common features of houses in the DR. The most basic house you could build would consist of a concrete floor, wooden pole framework, wood slat walls and a thatched roof. A single bedroom version of such a house could be built for less than ten thousand dollars.

Timescales

It has been established that there is significant public interest in a holistic naturist village and the territory has been selected. The current phase of accepting deposits from investors is anticipated to continue into late 2010. Provided sufficient funds are raised for purchase completion by late 2010, the first residents will be able to move into their plots in spring 2011. Non-resident visitors should be able to benefit from the facilities by 2012.



Kite surfing



Warm and free

Financial analysis

Investment in Cambium represents a unique and potentially very profitable opportunity to benefit from a rare moment in the evolution of naturist real estate. Land will not remain so well priced in the Dominican Republic for long. The other Caribbean islands have already seen huge uplifts in the price of property and the transformation of the DR into a stable democracy has triggered the same process in their country. The large size of Cambium ensures the retention of privacy and natural beauty for your personal house. It is our aim to keep ownership of a part of Cambium as low cost as possible to help our clients to save money and the following comparisons will be interesting to potential investors.

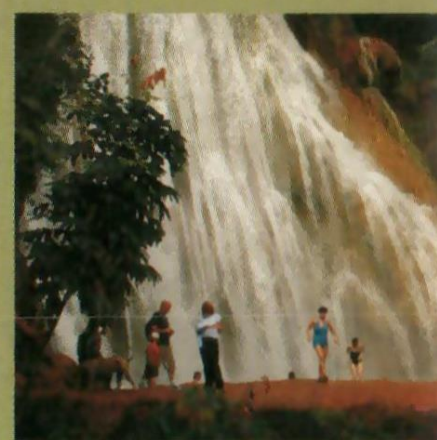
A 1000 sq ft house in a non-naturist area on the DR currently sells for \$60,000 on a small plot.

Studios in the naturist centre of Caliente Caribe are available from \$187,000.

Villas in the same centre are available from \$275,000.



Frigate bird



Limon Falls

A conventionally built studio house at Cambium, including 10,000 sq ft of land would cost \$37,000. This is about half the price of a non-naturist property and a fifth of the price of an existing naturist one.

If you choose to use the traditional Dominican style of construction, a typical total cost for your house would be from \$21,000, about one ninth of the price of the cheapest alternative naturist accommodation on the island.

Return On Investment (For illustration only)

Example for an eco-friendly house on a ¼ acre plot (about 10,000 sq ft).

Weekly rental rate		\$480	
No of weeks per year let		23	
Gross Income		\$11,040	
Less management fee (10%)		\$1,104	
Less annual maintenance fee		\$800	
Net income		\$9,136	
Property cost		\$35,200	
Income return %		25.95	

	Capital Value	Income	Cap + Inc
Assuming property price increase p.a. 7%	Acquisition cost 35,200		
End of Year 1	37,664	9,136	46,800
End of Year 2	40,299	18,272	58,573
...	...	...	...
End of Year 10	69,243	91,360	160,603

The main point of investing in Cambium is to enjoy the unique lifestyle that it offers. However it is reassuring to know that the financial side of the proposal compares very well with other ways that you could use your money. The proven results of property investment in the Caribbean are well established.

Contacts

The government of the DR is acutely conscious that 70% of the country's gross domestic product comes from tourism and it is therefore very keen to encourage inward investment of the eco-tourism type. The following important contacts have affirmed their will to co-operate with Cambium in its set-up and development.

The Minister for Tourism

The Head of Tourism for the North Coast

The Mayor of the local town

The founding manager of Caliente Caribe (the only other naturist resort on the DR)

The manager of the estate agent from whom the land will be bought, who has the ear of the president.

To convert prices into your currency from \$ US see www.xe.com.

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End of nudist campsite “a shame,” member says

by Bill Redekop

The closing of Manitoba’s last nudist camp is making for some unhappy campers who accuse owners of a “breach of trust.”

The Crocus Grove Sun Club, made up of local naturists, had pooled its talents and energies to help owners keep the nudist camp open, in exchange for keeping the site clothing-optional in 2010.

Club members developed an advertising campaign. They manned a booth at the Wellness Expo in Winnipeg to promote the nudist camp at a cost of \$1,200 to the members.

“Again, on the promise that our efforts would contribute to their ability to keep the campground open in 2010,” said club member John Kundert.

Kundert said the owners promised both verbally and in writing to keep the camp clothing-optional open in 2010. Recently, Ray and Susan Ryyanen, owners of Sandhill Pines Campground, formerly called Crocus Grove, announced they are turning the site into a conventional campground.

Kundert said the nudist community feels betrayed. Some of the early results promoting the nude camp “were very, very promising. It caught all of us by surprise” when owners announced the closing.

The camp, which has about 100 sites, was 80 percent full when the Ryyanens bought it in 2006 but fell to 30 percent last year. Kundert blamed the decline on mismanagement.

“They left the impression social nudism is on the decline and that’s just not true,” he said. “It’s just a shame they’ve given up now when it looks like we’re going to have one of the best summers in a long time.”

Crocus club members were the only tenants of the campground.

“We tried promoting the campground and didn’t get the response we hoped for,” said co-owner Susan Ryyanen. “We can’t operate any longer losing money.”

The nudist club offered to buy the campground but Ryyanen said the offer fell far short of what the site is worth.

The camp had been taking bookings and deposits for 2010. Ryyanen said any deposits will be refunded.

The value of the four privately owned cabins on the campground will appreciate in value substantially, should the owners wish to sell, she said.

Kundert said legal action has not been discussed but will likely come up when the Crocus club members meet this Sunday.

Crocus Grove Sun Club is Manitoba’s oldest nudist organization, founded in 1969.

Source: the Winnipeg Free Press print edition April 30, 2010



Vigla Natura Ltd is excited and proud to announce their newest resort in South Africa due to open in January 2011

Vasnat Club Hotel is being purpose built for us, at the gateway to the Winelands of the Western Cape on a private wine estate.

The majestic Cape Dutch building will take your breath away on arrival! The impressive entranceway will open into a large reception area, bar and restaurant, where first class local wines and top quality freshly prepared cuisine will be served (and of course the South Africa Braai - BBQ!).

This expansive social area extends to the outside deck which overlooks the spacious lawn courtyard complete with sun chairs, swimming pool and a Jacuzzi for you to unwind. The eight Deluxe Rooms and one Presidential Suite, exquisitely contemporary in design, will line the courtyard to keep out the notorious Cape Doctor winds and give complete privacy to the complex.

With warm balmy days averaging 30 degrees and 14 hours of sunshine throughout the months of December to March, Vasnat South Africa will make the ideal location for a winter sun holiday like no other.

We are conveniently located only 20 minutes drive from Cape Town airport, which caters to direct international flights from all over the world, to include: London, Amsterdam, Athens, Brussels, Cologne, Copenhagen, Dusseldorf, Frankfurt, Hamburg, Luxembourg, Milan, Munich, Ostend, Paris and Rome.

Vigla Natura’s main focus is you! Our vibrant and friendly staff will always be on hand to ensure that you get the very best from your nudist experience at Vasnat South Africa. Top quality facilities and service will be the primary focus to ensure your stay is pure relaxation. But for those of you who want to add a little exploration to your stay, you will find that welcoming locals, diverse cultures and captivating scenery plus innumerable sights and tourist attractions, should keep you busy for many holidays to come!

For more information and to book your stay, contact Sherry at Internaturally Travel.

When nudism won’t waver,
It can be a saver.

Though anger might smolder,
Chips aren’t brooked on shoulders.

Nudist church can show us
God created me and thou.
For clothes-free, we can barely see
In basic aspect, how.

In basketball
On nudist grounds,
Without clothing weight,
I get more rebounds.

by John Drybred

The Wearing of Clothes
by Joel Delpha

There’s much injustice I propose
That lies behind our wearing clothes.

For from what far-off factory came
Your stylish jeans with designer name?

Who, while under great duress,
Strained to sew your shirt or dress?

The money spent in boutique and shop
Only fuels the greed of the few on top.

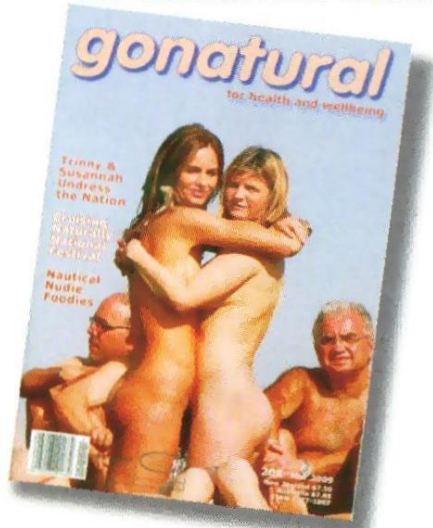
While just a pittance ever flows
Down to those who make the clothes.

Though our narrow laws still call it lewd,
We would live more justly being nude.

When ‘ere I can, I go undressed,
For, as for clothes, the less the best.

gonatural

for health and wellbeing



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New Zealand Naturist Federation

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Email: editor@gonatural.co.nz

NOTABLE EVENTS

PUBLISHED ONLY IN SPRING AND SUMMER ISSUES

Trail of Tears 5K Run, Walk, Crawl

May 15, 2010

OAKLAKE TRAILS NATURIST PARK
Halfway between Tulsa & Oklahoma City-
Depew, Oklahoma

Distance: 5K

Time: 2:00 P.M.

Phone: 918-324-5999

E-mail: OLTNaturistPark@aol.com

www.oaklaketrails.com



PHOTO-LEIF HEILBERG

Bay to Breakers

May 16, 2010

BARE TO BREAKERS™ Bare-athon

"You have a right to peacefully demonstrate!"

The legendary nude demonstration you MUST
do once in your life.

San Francisco, California

"This is the coolest thing ever!"

Distance: 7.46 Mile 12K

Time: 8:00 A.M.

E-mail: Refer to Web site below for details.

Official BARE-2-BREAKERS™ web page:

<http://www.baretobreakers.com>

Bay to Breakers web page:

www.baytobreakers.com/

AANR West Summer Festival

June 11-13, 2010

GLEN EDEN SUN CLUB

25999 Glen Eden Road

Corona, CA 92883

Phone: 800-843-6833 or

Phone: 951-277-4650

Email: info@gleneden.com

Eastern Naturist Gathering

June 14-20, 2010

Sponsored by THE NATURIST SOCIETY

Camp Westmont

Poyntelle, Pennsylvania

www.campwestmont.com

Phone 920-426-5009 for information

& reservations.

Coventry's 3rd Annual 5K XC Run & Walk

June 26, 2010

COVENTRY CLUB & RESORT

Milton, Vermont

Distance: 5K Cross-Country Run & Walk Trail
and gravel road. Time: 9:00 A.M.

Phone: 802-893-7773 Resort

Phone: 704-880-4561 Sue, Race Director

E-mail: Coventry Club & Resort

Nude Recreation Week

July 5-11, 2010

Contact your local group for scheduled events.

AANR East Gathering

July 9-11, 2010

AVALON RESORT

Phone 304-947-5600

Canadian Naturist Festival

July 14-18, 2010

www.bareoaks.ca

NATURIST YOUTH CAMP

July 18-24, 2010

SUNSPORT GARDENS, Loxahatchee, FL

www.sunsportgardens.com

The "Original" Bare Buns Fun Run

July 25, 2010

KANIKSU RANCH FAMILY NUDIST PARK

Deer Lake, Washington

Distance: 5K

Time: 9:30 A.M.

Phone: 509-327-NUDE

Fax: 509-327-6833

E-mail: BBFR5K@aol.com

www.kaniksufamily.com

Lilly Valley 5K Nude Run & SummerFest

July 31, 2010

Fort Erie, Ontario

Canada

Distance: 5K

Time: 1 P.M.

Phone: 905-871-4208

E-mail: info@lilly-valley.ca

www.lilly-valley.ca

Northeast Naturist Festival

August 3 -8, 2010

EMPIRE HAVEN

Moravia, NY

5947 Sun Lane. Moravia, New York 13118

Phone: 315-497-0135

www.homestead.com/empirehaven

Wreck Beach Bare Buns Run/Walk

August 8, 2010

Vancouver, British Columbia

Canada

Distance: 5K circular course

Time: 10:30.M.

URL: <http://www.wreckbeach.org>

Phone: Registration -Dena Ellery

604-876-3909

7K Run

August 14, 2010

SUNNY REST LODGE

425 Sunny Rest Drive

Palmerton, PA 18071

Phone: 610-377-2911

www.sunnyrest.com

Western Naturist Gathering

September 30 -October 3, 2010

DEANZA SPRINGS RESORT

1951 Carrizo Gorge Rd.

Jacumba, CA 91934

Stay@DeanzaSprings.com

Phone: 877-2GO-NUDE (246-6833)

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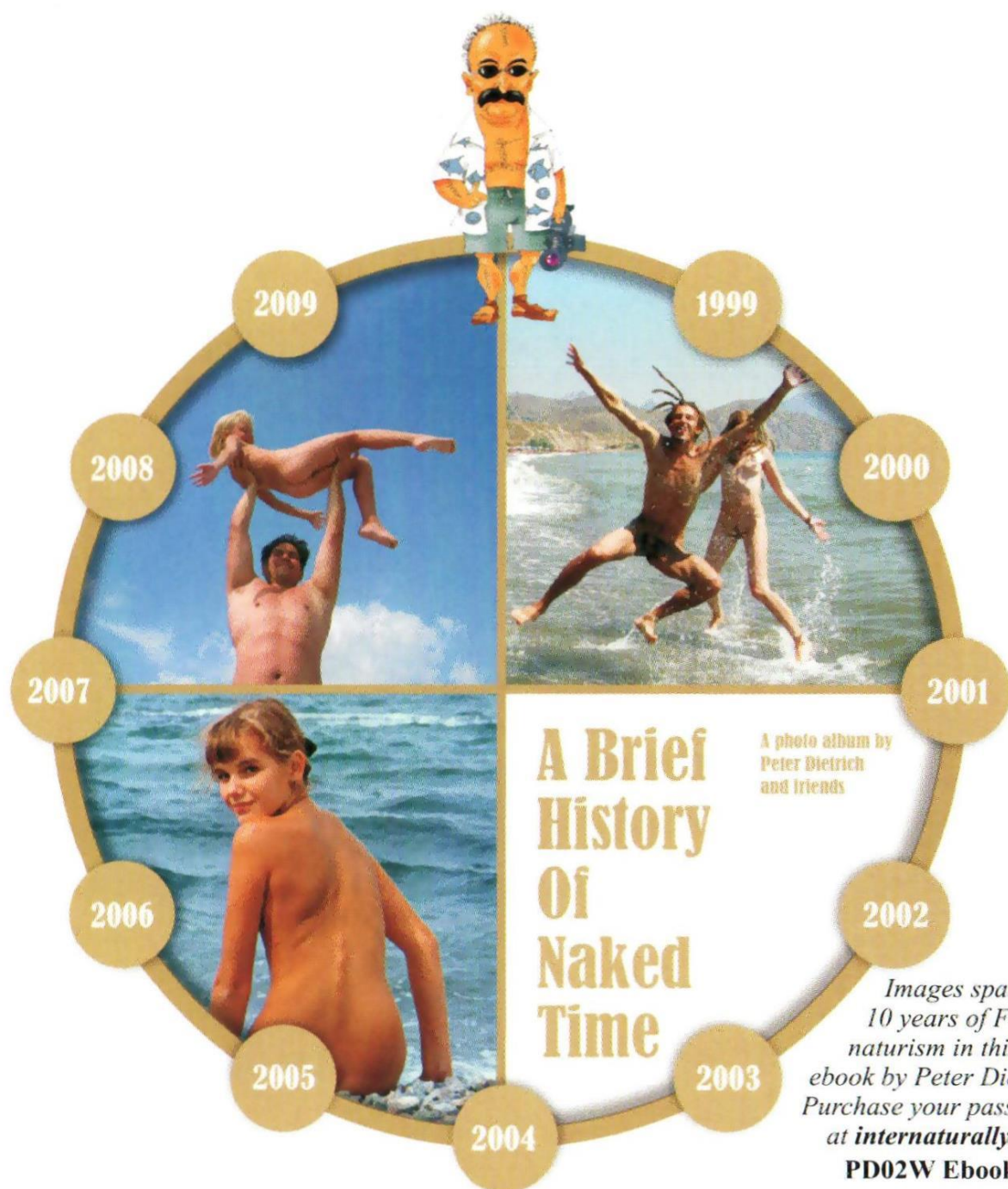
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www.henaturist.co.uk

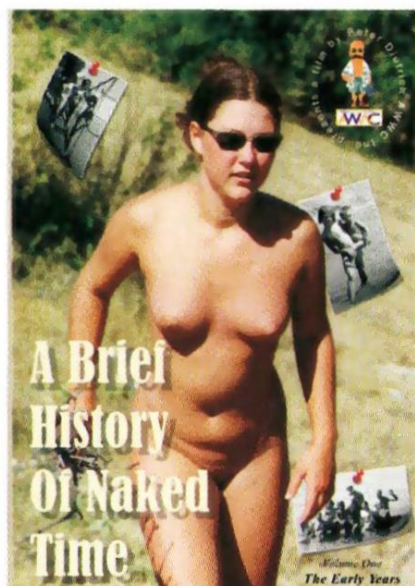
the
health & efficiency
guide to naturist living

A Brief History of Naked Time

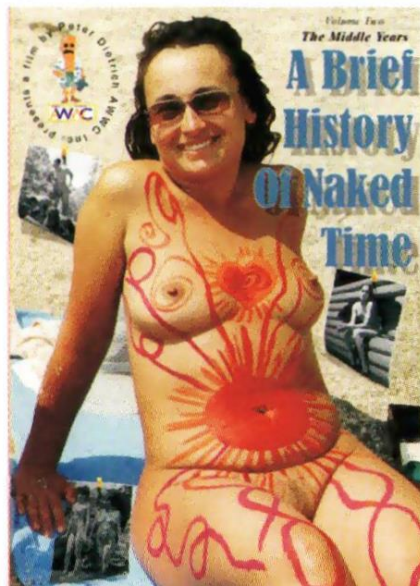


The Complete DVD Trilogy

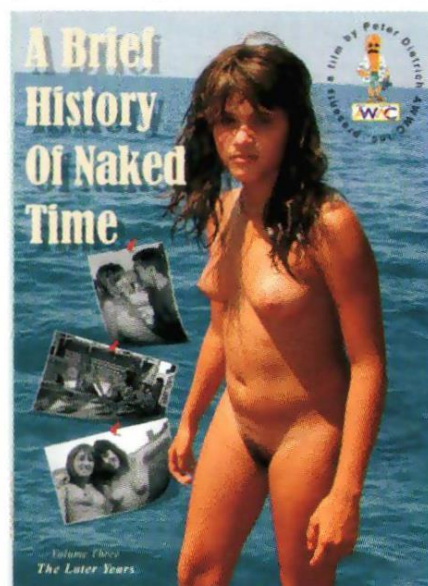
Never-before-seen footage spanning ten naked years, by Peter Dietrich



Volume 1: The Early Years
VID27 DVD \$70



Volume 2: The Middle Years
VID28 DVD \$70



Volume 3: The Later Years
VID29 DVD \$70

See page 58 for more details.



ALL 10 DVDs NOW AVAILABLE

Brazil Festival Tour #1

Premiers October 2009 - VBD90 DVD \$70.00

Brazil Festival Tour #2

Premiers November 2009 - VBD91 DVD \$70.00

Brazil Festival Tour #3

Premiers December 2009 - VBD92 DVD \$70.00

Brazil Festival Tour #4

Premiers January 2010 - VBD93 DVD \$70.00

Brazil Festival Tour #5

Premiers February 2010 - VBD94 DVD \$70.00

Brazil Festival Tour #6

Premiers March 2010 - VBD95 DVD \$70.00

Brazil Festival Tour #7

Premiers April 2010 - VBD96 DVD \$70.00

Brazil Festival Tour #8

Premiers May 2010 - VBD97 DVD \$70.00

Brazil Festival Tour #9

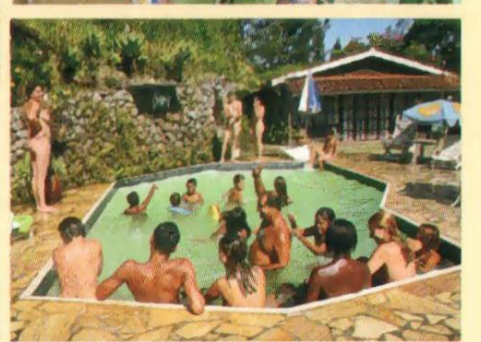
Premiers June 2010 - VBD980 DVD \$70.00

Brazil Festival Tour #10

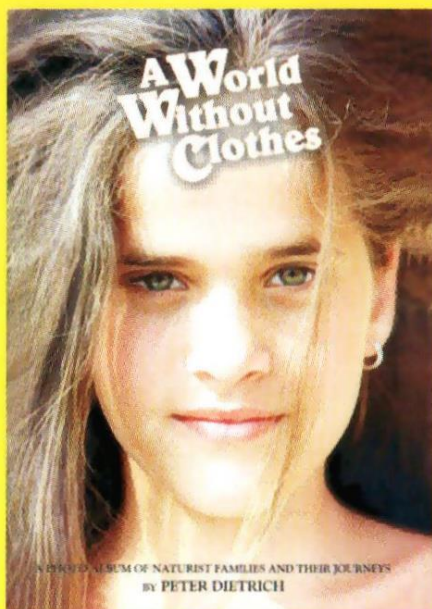
Premiers July 2010 - VBD99 DVD \$70.00



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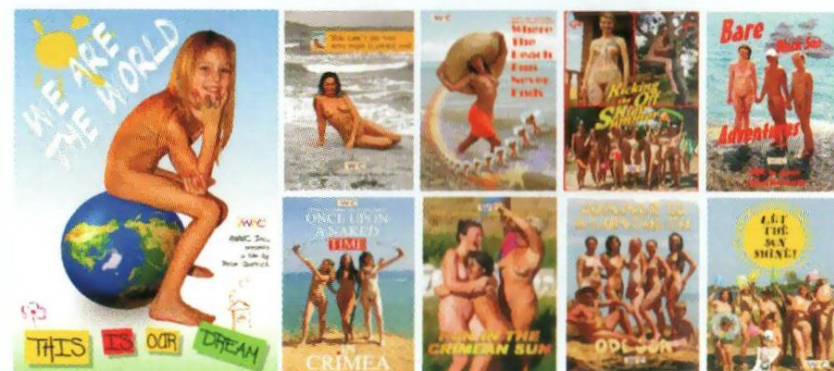
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- VDD26 DVD - **We Are The World II**
- VDD25 DVD - **We Are The World**
- VDD24 DVD - **Naked Trick, Naked Treat**
- VDD23 DVD - **It's a Wonderful Job**
- VDD22 DVD - **Christmas Cheer and a
Happy Naked New Year**
- VDD21 DVD - **Beyond 49 Steps**
- VDD20 DVD - **Naked Art of Body Art**
- VDD19 DVD - **Fun Filled Family Festival**
- VDD18 DVD - **The United Colors of Naturism**
- VDD17 DVD - **The Show Must Go On - Ever Naked**
- VDD16 DVD - **Eastertide - Birth of Spring**
- VDD15 DVD - **Dressed with a Smile**
- VDD14 DVD - **ABC Let's Be Free**
- VDD13 DVD - **Sing a Song of Naked Freedom**
- VDD12 DVD - **49 Steps Toward a Naturist Dream**
- VDD11 DVD - **Naked in a Winter Wonderland**
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- VDD09 DVD - **The Gods Are Still Naked**
- VDD08 DVD - **You Can't Do This With Your Clothes On**
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- VDD01 DVD - **Let the Sun Shine**

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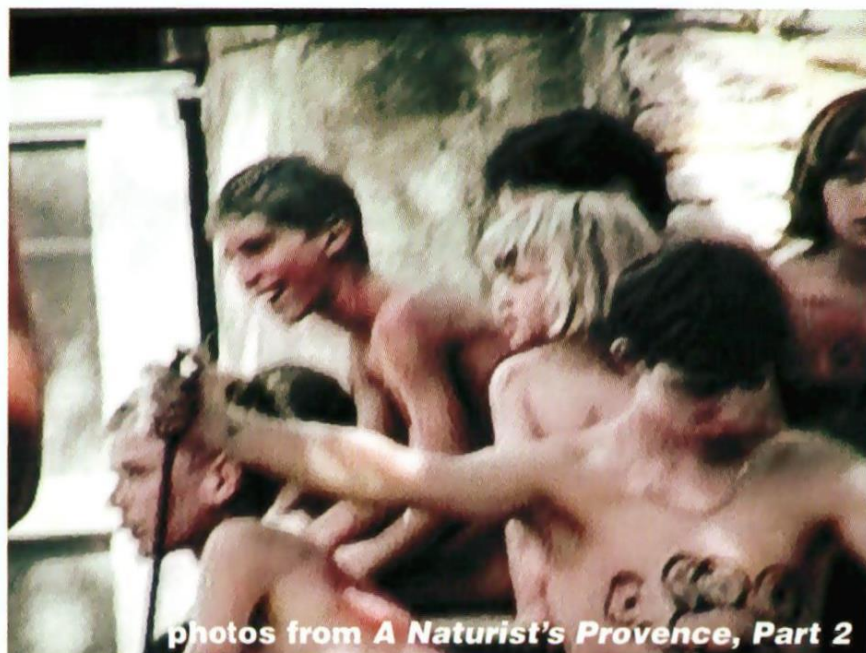
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Tower Production videos emphasize family naturism in Germany's Saarland, France's Provence, Hungary, Brazil, and Ukraine.



photos from *A Naturist's Provence, Part 2*

A Naturist's Provence

Spend a day, from sunrise until dusk, in the naturist park of Les Lauzons. Take part in races and competitions to celebrate Bastille Day and the Olympic Games. Cool off with an ice cream and a quick dip in the swimming pool, and end the day under the starry sky listening to the country music of Provence. 40 min.



A NATURIST'S PROVENCE



VTD01 DVD \$59.95

A Naturist's Provence - Part 2

Enjoy the breathtaking scenery, marvel at the mysteries, the architecture and antiquities of the Alpes de Haute Provence. Join in a celebration of youthful naturism and the sights and sounds of Provence. 40 min.

VTD02 DVD \$59.95



A NATURIST'S PROVENCE Part 2



Provençal Holiday

Enjoy summer in and around the Alpes de Haute Provence – the ancient hilltop villages and vineyards, shop in the markets and take a walk in the forests. Join in the games and fun of Bastille day, and relax in the pool under the hot sun and clear skies of Provence. 40 min.

VTD03 DVD \$59.95



PROVENÇAL HOLIDAY



A Naturist in Saarland

Travel through the beautiful countryside of Saarland and the historic towns with their magnificent architecture and bustling markets.

Visit the naturist parks of the region and spend a day in the naturist park Teufelbruch, 40 min.

VTD04 DVD \$59.95



A Naturist in Saarland



A Naturist Around Europe

Travel around Europe and visit a naturist vacation park in Provence. Compare the skills of the camp potters with those of professional potters in Germany. Roam the forests with the wild boar, bison and deer, and soak up the sun, naturist style! 40 min.

VTD05 DVD \$59.95



A Naturist around Europe



Naturists among the Mountains

This video introduces you to the delights of Club Origan and its surroundings: sub-aqua diving in the Mediterranean, exploring the mountain caves of the Alpes Maritime, abseiling down the waterfalls of the Gorges du Daluis, and riding the skies in a microlight. 40 min.

VTD06 DVD \$59.95



Naturists among the Mountains



A Naturist in the Lowlands

Belgian National Day at one of the premier nudist vacation centers of southern France: pool games, colorful carnival processions, children's sports and team sports - all in true naturist style. 40 min.

VTD07 DVD \$59.95



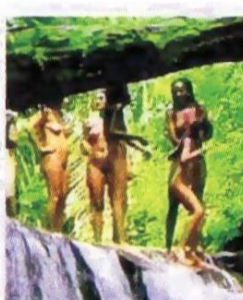
A Naturist in the Lowlands



Naturist in the Rainforest

This is the extraordinary video about Amazonat, the former naturist eco-centre in the heart of the Amazon rain forest - full of life, fun, family, and will be enjoyed by everyone. 60 mins.

VTD08 DVD \$59.95



Naturists in the Rain Forest

A Naturist in Hungary

Hungarian naturists enjoy some of the best holiday centres anywhere in the world. Piroksa, Balatonbereny and Delegyhasa are packed with activities for guests of all ages. 55 mins.

VTD10 DVD \$59.95



A Naturist in Hungary

A Naturist in Ukraine

This video shows Ukrainian naturists enjoying themselves to the fullest... parties, swimming in pools and lakes, games on the beach, water sports and many other scenes. 45 mins.

VTD11 DVD \$59.95

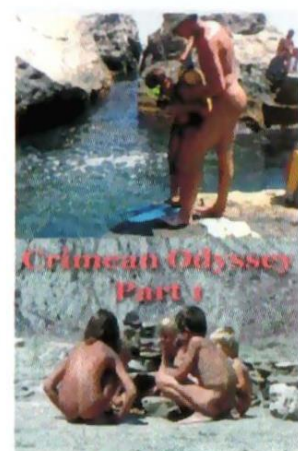


A Naturist in Ukraine

Crimean Odyssey - Part 1

The adventure starts in the capital of Ukraine, Kiev, and takes them to the south coast of the Crimean peninsula where families set up camp in Fox Bay at the foot of the volcanic mountains, catch crabs, and roam naked in the Karadak National Park. 55 mins.

VTD12 DVD \$59.95

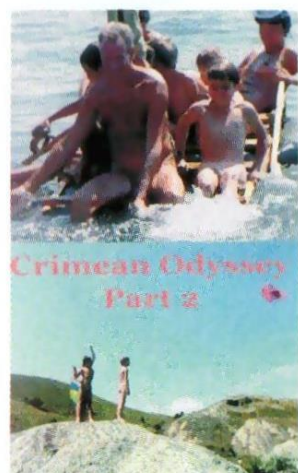


Crimean Odyssey Part 1

Crimean Odyssey - Part 2

This video continues from the first part with our naturist group visiting Sebastopol, walking in the hills, playing on the beach and hi-jacking a fisherman's raft. 59 mins.

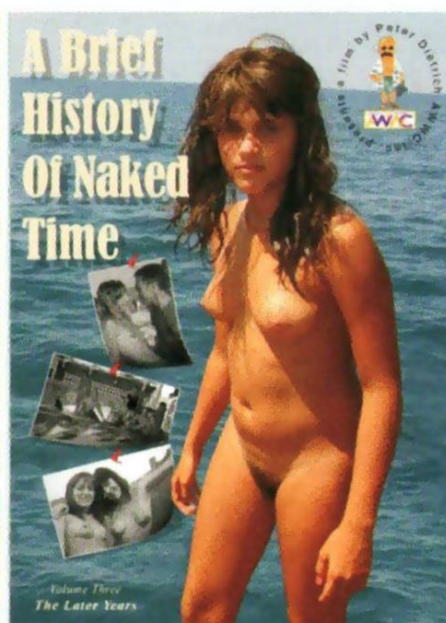
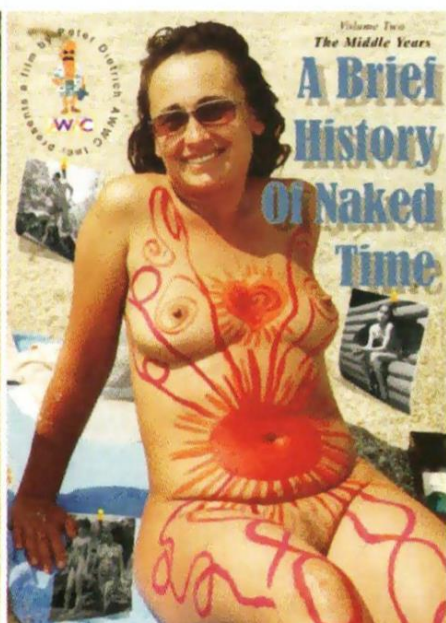
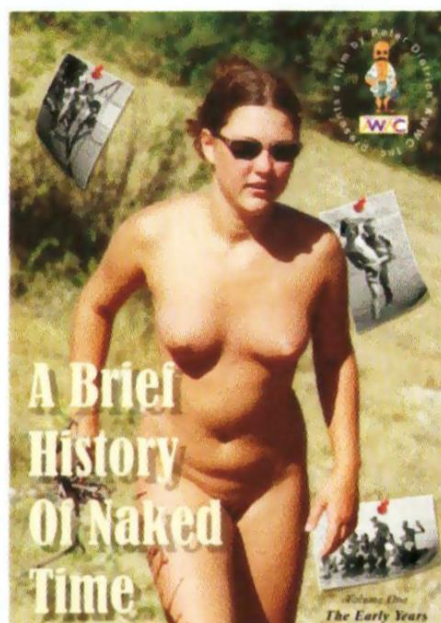
VTD13 DVD \$59.95



Crimean Odyssey Part 2

WHAT'S NUDE NOW?

This quarter's new products and specials from Internaturally!



A Brief History of Naked Time - Volume One - The Early Years

Time passes, our children grow, but our memories remain constant like flowers in the sunlight. This film is a collection of memories, all taken when life was like a new promise. Many people who have been watching our films over the last 10 years have asked what happens to the unused footage that does not get into the final cut, so this is an offering to that curiosity. For the first time we present here many scenes that were not used, scenes that convey the fun and beauty of our early trips to the Crimea. We hope that all the joy of our early years will come alive again with this special collection of unseen memories, our very own brief history of naked time. 60 mins.

VID27 DVD \$70.00

A Brief History of Naked Time - Volume Two - The Middle Years

The second volume of our history and memories takes us again back to the Crimea, with a beautiful mountain walk, then to Kiev and Odessa, both important landmarks in the story we are constantly living with the Ukrainian Naturist Organization. Here, again, we can see and feel the years go by as our children get bigger by the season, but our unabashed fun and enjoyment remain constant. On the beaches and in the saunas, on the rocks and in the sea, these never-before-seen segments will let you relive all the beauty and happiness we have recorded over time, and our brief history of naked time will enchant you over and over, as it did us while recording it for you. 62 mins.

VID28 DVD \$70.00

A Brief History of Naked Time - Volume Three - The Later Years

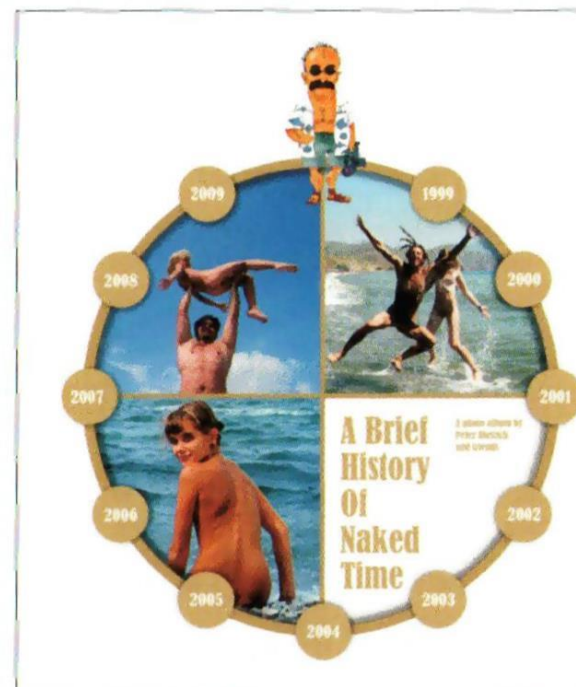
Time waits for no man, as the old expression goes, but time can be recorded as it drifts by us in our lives, and this last volume of our naked history is a record of time, mostly good times, we have spent in the sun. The later years have seen us very active in the resort town of Koktebel, and now we bring you many more memories and unused scenes of our past summers, with cruises and beaches and festivals, a new kind of "making-of" that we are certain you will enjoy as cameras on the side recorded the author at work in various situations, and all in all this trilogy is a veiled homage to the author, as well as being our unique brief history of naked time gone by. 62 mins.

VID29 DVD \$70.00

ALL THINGS BARE & BEAUTIFUL

The latest film by Peter Dietrich
Naturism and naturalism – two words that are very close in concept and meaning. This new film tries to bring the two even closer, with naturist families playing at being naturalists with pet animals, a visit to the local zoo, and lots of games and ballets of a none-too-serious nature, as always, with our friends from the Ukrainian Naturist Organization. See bears and deer, apes and rabbits, turtles and a tarantula! Yes, some real, some toy, but all part of the nature we relish and praise in a wonderful hymn to life and liberty, letting our souls soar high once again to reach all things bare – and beautiful!

VDD30 DVD \$60.00

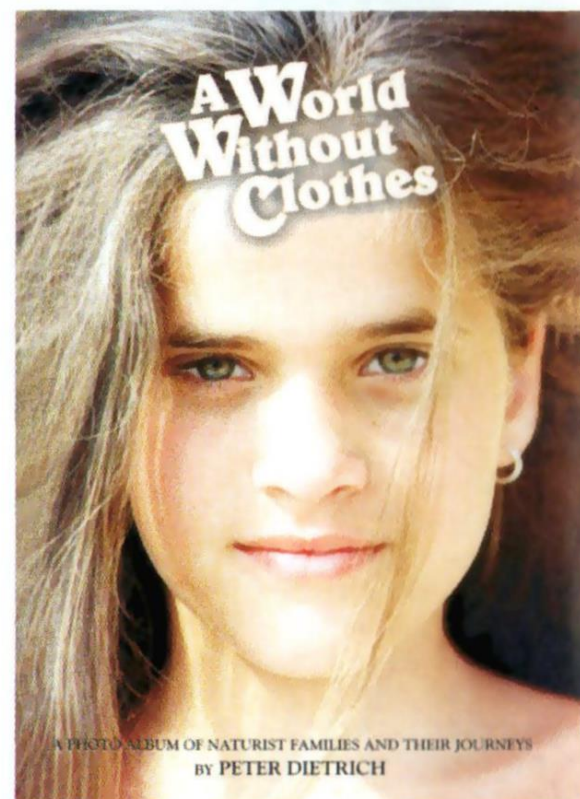


A Brief History of Naked Time

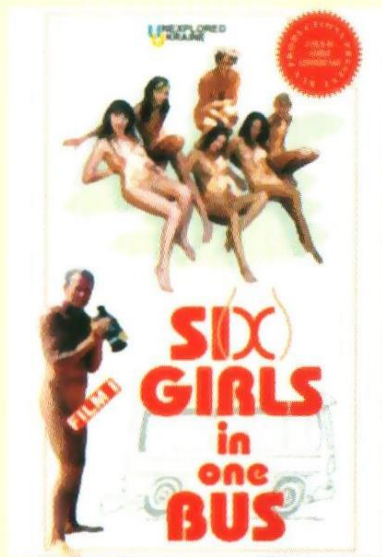
A Brief History of Naked Time includes about 500 photos spanning 10 years of naked adventures in Russia, Ukraine, Bulgaria, Hungary, and Holland, to name just a few. Other than Peter Dietrich's introduction, this photo album contains no text. It is purely a visual delight of naturist families and friends enjoying every conceivable form of nude recreation. With 224 pages of images, you'll enjoy hours of vicarious participation with the turn of every page.

PD02W - Digital Photo Album

Password will be mailed or emailed within 48 hours. \$25.00



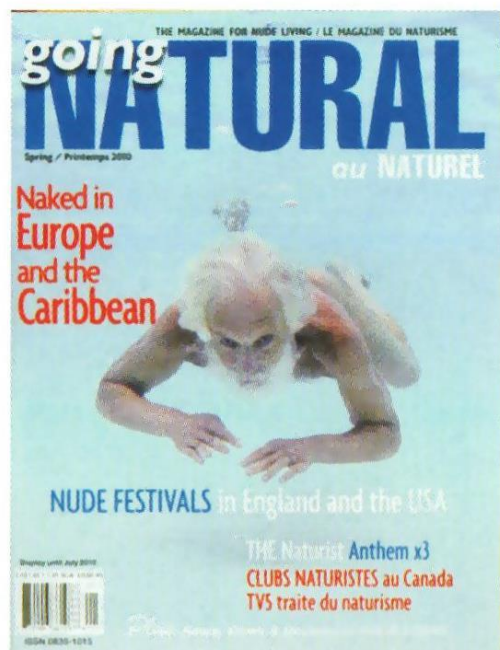
PU06W - Digital Edition - Password will be mailed or emailed within 48 hours. \$20.00



Six Girls in One Bus Unexplored Ukraine

VHS DISCOUNT: Film by Andrii Litovchenko of the Kiev Commonwealth of Naturists takes you on naturist expeditions in different parts of Ukraine. The viewer follows six girls and one cameraman to the Crimean Grand Canyon and a small lake. They visit the archeological dig of an ancient city and a watermelon plantation. They make a few first hesitant steps at a diving school and then try to use their fresh knowledge in the sea. Approx. 60 mins.

VKC09 VHS **Now Only \$10**
(p&h \$7.50)



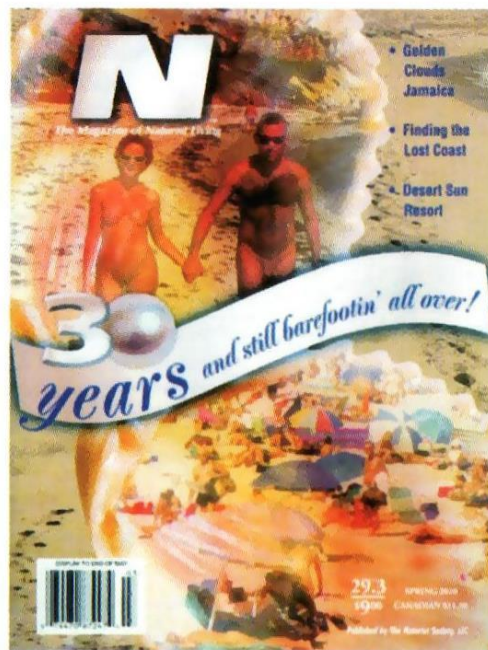
Going Natural-Spring 2010

Official journal of the Federation of Canadian Naturists
Naked in Europe and the Caribbean
Nude Festivals in England and the USA

The Nudist Anthem x3
Clubs Naturistes au Canada
TV5 traite du naturisme

GN25.1 magazine **\$9.50**

Current and back issues available here.

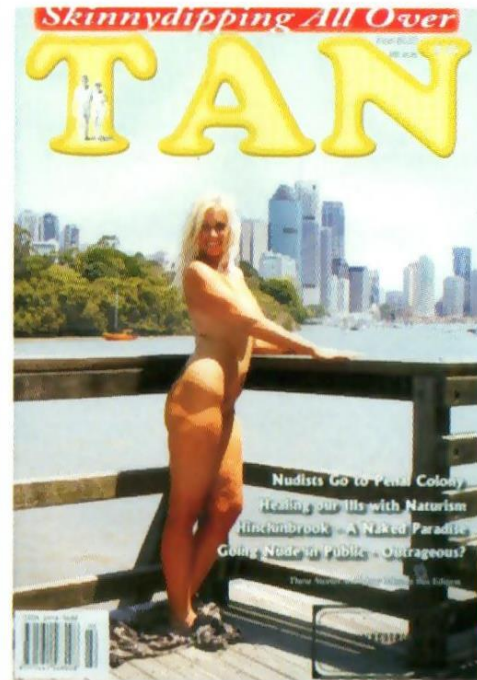


N Magazine-Spring 2010

30 Year Anniversary Issue!
Golden Clouds Jamaica
Finding the Lost Coast
Desert Sun Resort

NN29.3 magazine **\$15.00**

Current issue and back issues available here.



TAN 46 - August 2009

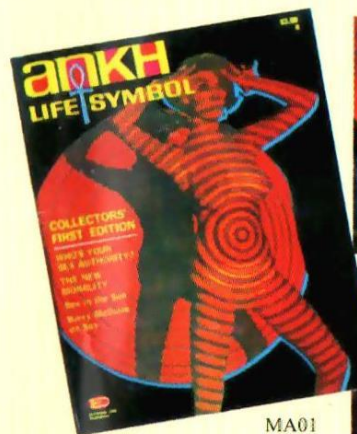
Nudists go to penal colony
Healing our ills with naturism
Hinchinbrook - A Naked Paradise
Going nude in public - Outrageous?

a naked Paradise

Going nude in public

MTN46 magazine **\$18.50**

Current issue and back issues available here.



MA02



MA04



MA06

Ankh

Remember the naked hippie-dom lifestyle of Haight-Ashbury? These heavyweight magazines (avg. 72 pages) are a nostalgic look back at early nude freedom and "groovy" happenings. Many photos by the late nudist legend Ed Lange. Still available:

Volume 1,2,4,
and 6.

\$5 ea.
p&h incl.



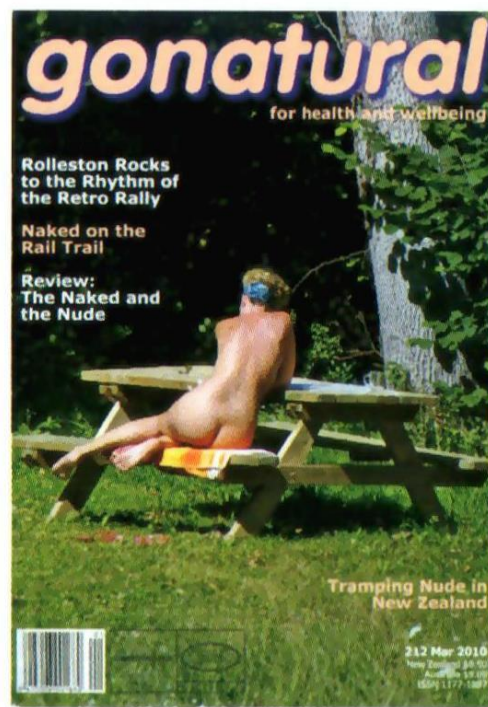
H&E Naturist-May 2010

Greece Special:

The best nude holiday islands
Postcard from Brazil
Naked words
The A-Z of nudity!

MH10.5 magazine **\$15.00**

Current issue and back issues available here.



Gonatural - March 2010

Rolleston Rocks to the Rhythm of the Retro Rally
Naked on the Rail Trail
Review: The Naked and the Nude
Tramping Nude in New Zealand

MZ212 magazine **\$12.00**

Current issue and back issues available here.



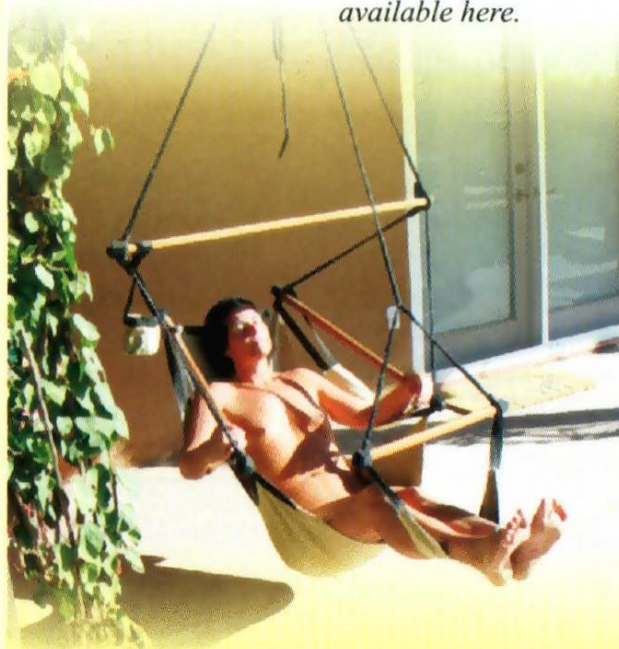
British Naturism - Spring 2010

Alton Towers Extravaganza
Wild Swimming:
The New Wave
Two Pages of Naturist
Sailing

Star Columnist: Roni Fine

BN183 magazine **\$15.00**

Current issue and back issues available here.



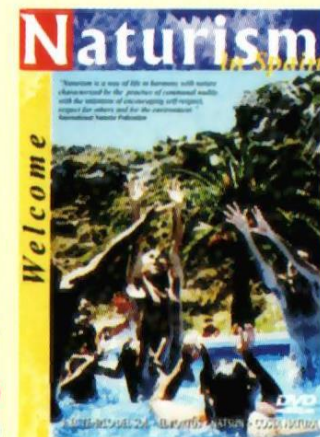
The Air Chair – one of the most comfortable sitting positions that any chair at any price can offer you! The Air Chair is designed for both indoor and outdoor use. Each chair is equipped with armrests, cup holder, matching foot rest, and tote bag.

Was \$165 – **Now Only \$55**
– free shipping.

Naturism in Spain

VHS DISCOUNT: Here is a marvelous video that introduces you to those magnificent Spanish naturist resorts and the people who enjoy them. Visit El Templo Del Sol, El Portus, Natsun, and the phenomenal Costa Natura. It's in English, so everybody can benefit from this excellent naturist production. Approx 45 min.

Sale VI01 VHS **only \$10.00**
(add \$7.50 p&h)



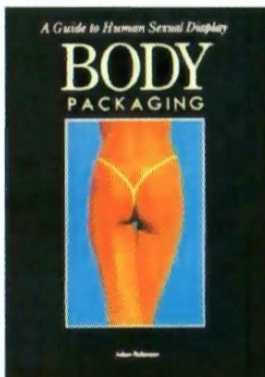
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... a copiously and artfully illustrated book about body adornment in all its fascinating forms. Controversial and visually explicit, Body Packaging uncovers the coverings. 208 pages. A must for every naturist library.

SE28H Hardcover

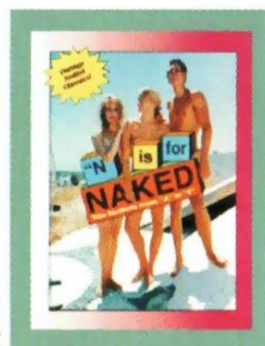
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"N" is for Naked

This fun-filled, photo-rich book was intended to be part of the nostalgia series: *Nudist Magazines of the 50s & 60s*. "N" is for *Naked* is a collection of Vintage Nudist Classics. You will enjoy this beautiful book from the Golden '60s.

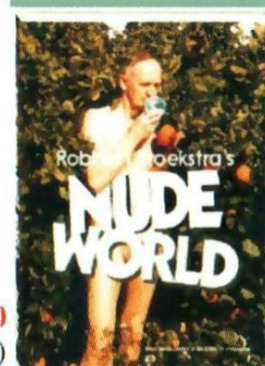
PE04S Softcover On Sale \$10.00
(add \$8.00 p&h)



Robbert Broekstra's NUDE WORLD

Photo essay about the extraordinary experiences of a man and his flamboyant band of naturist pioneers who test the limits of nude recreation in public. 120 pages.

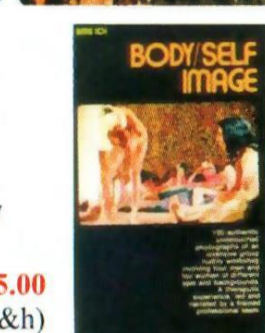
PU04S Softcover On Sale \$10.00
(add \$8.00 p&h)



Body Self-Image

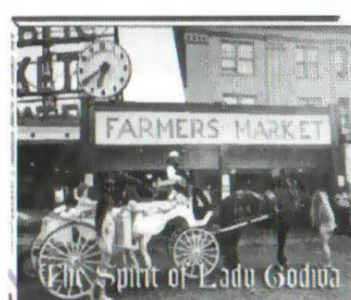
A spontaneous body-information workshop in which four nude men and women experience self-examination with professional leaders. 116 pages, 6x8, 100 B&W photos.

SE07S Softcover On Sale \$5.00
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The Spirit of Lady Godiva

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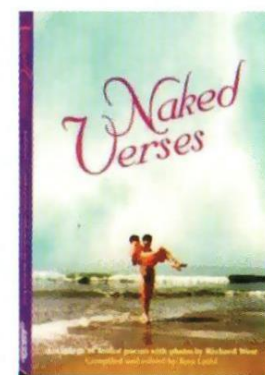
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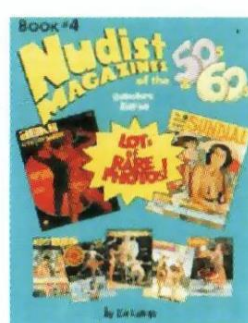
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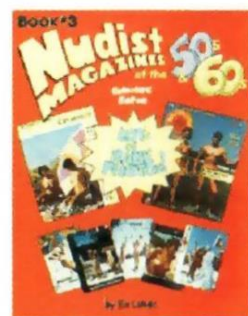


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Recapture European nudism where entire towns were once devoted to nude living! The third book in the popular photo-book series features: "Bonjour, Bare Skin?" from *Nudist Classics* #5 (1951), "Communism & Nudism Co-Exist?" from *Sundial* (1964), "In Search of Miss Venus" from *Jaybird Journal* (1967). 96 pages, 8½ x 11.

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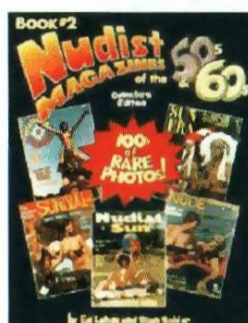


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Selections of controversial, funny, and nostalgic articles and photographs from the very first unretouched American nudist magazines. Featured are: "What About Nudism" from *Nude Life* (1951), "Dance Naked With Music" from *Nude Living*, "Naked Truth About The Etruscans" from *Sun Era* (1962). 96 pages, 8½ x 11.

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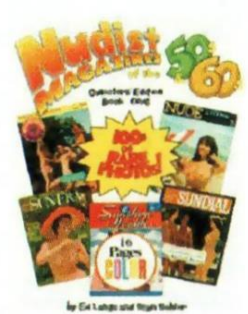


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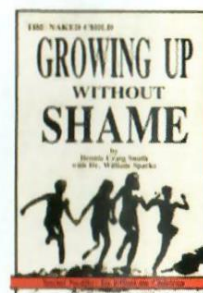
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Growing Up Without Shame

This hard-to-find book addresses the rantings of the "experts" who think that family nakedness encourages incest, Oedipus complex, castration anxiety, parent seduction, over stimulation, sexual obsession, school failures, penis envy, sexual deviancy, parent hatred, exhibitionism, bisexuality, and obsessive guilt and frustrations. But Dennis Craig Smith was unwilling to accept these opinions as fact. He began a search for the truth that led him to naturist camps and beaches to interview and survey adults who had grown up in nudist families. He found well-adjusted people who blatantly disprove the "experts" theories. The book addresses the need for further long-term research regarding the true effect of family nudity on the developing child and can be invaluable to anyone who is interested in learning more about the philological and emotional effects of growing up in a nudist family. 221 pages, 66 B&W photographs, 6 x 9.

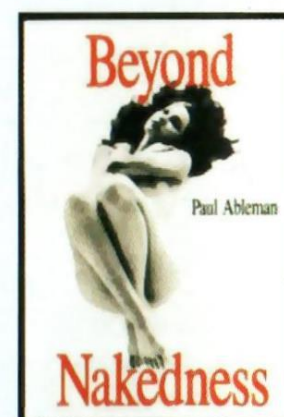
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Beyond Nakedness

Paul Ableman's fascinating look at the weird, wonderful, and sometimes terrifying ways modern society looks at the nude and natural human form — a provoking and entertaining study of why we hide, reveal, flaunt, are ashamed of, and even scorn the human body. *Beyond Nakedness* is a no-holds-barred look at human nudity that will delight anyone who seeks constructive dialogue and an applicable philosophy to nude recreation. Ableman writes with a firm grasp of how anthropology, religion, art, and sociobiology have influenced current attitudes toward the nude body. 114 pages, 100 B&W photographs, 6 x 9.

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The Importance of Wearing Clothes

By understanding a society that depends on clothing fetishes and other body adornments, we can better understand the need for nude recreation. *The Importance of Wearing Clothes* is the classic history of fashion and human condition by Lawrence Langner. Here is a look at what inspired the bold, outrageous styles of the 1960s and beyond: the miniskirt, the topless bathing suit and the unisex look! A full chapter with photos is devoted to nudism, in which Langner states, "We are also indebted to the nudists for emphasizing the importance of removing them [clothes] from time to time for our physical and spiritual well-being." A useful resource for social scientists, historians, designers, artists, librarians, archivists, and all those who cover and adorn their bodies. 368 pages, over 350 B&W photos and illustrations with a new 16-page full color section. 6½ x 9 ½.

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